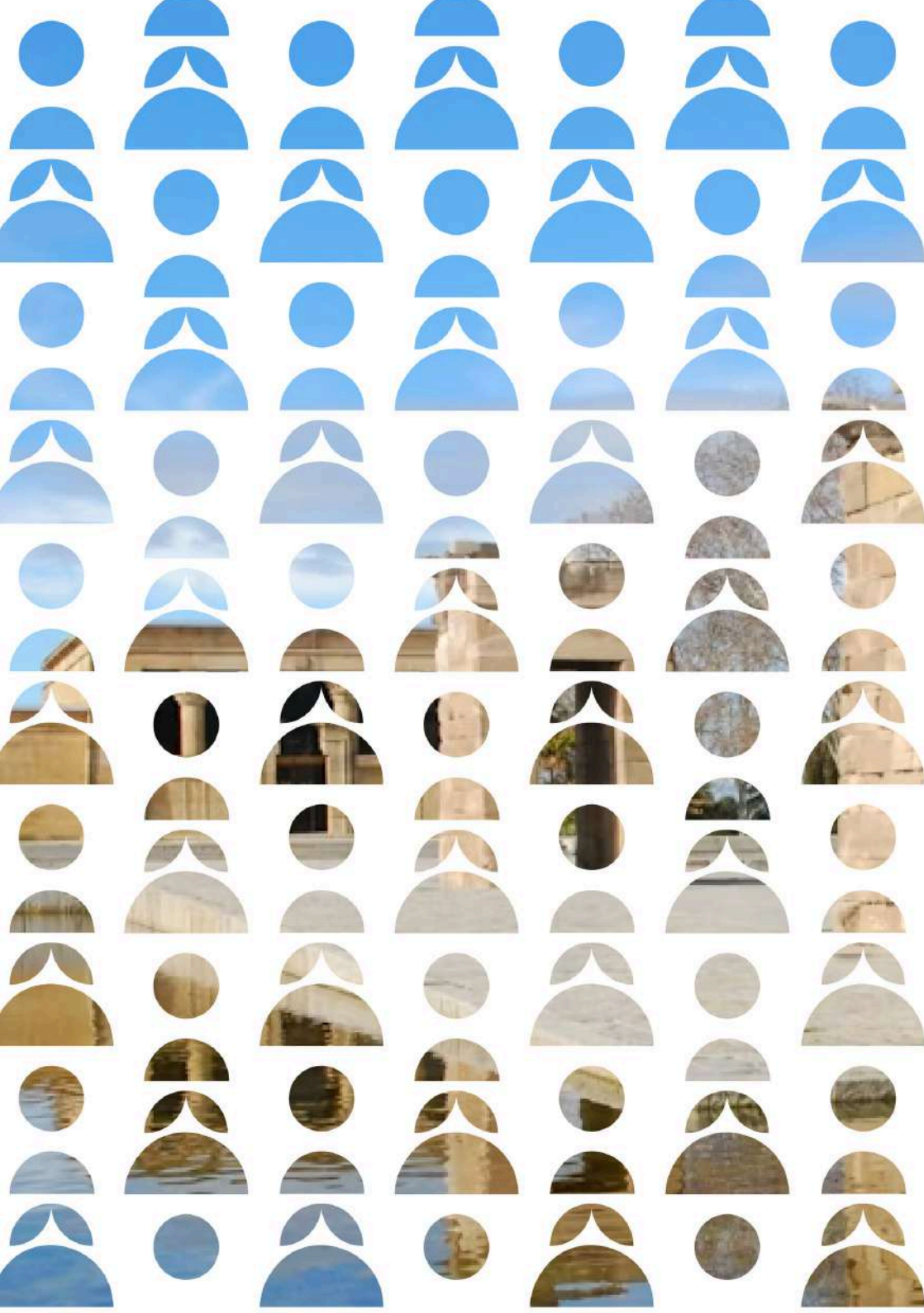
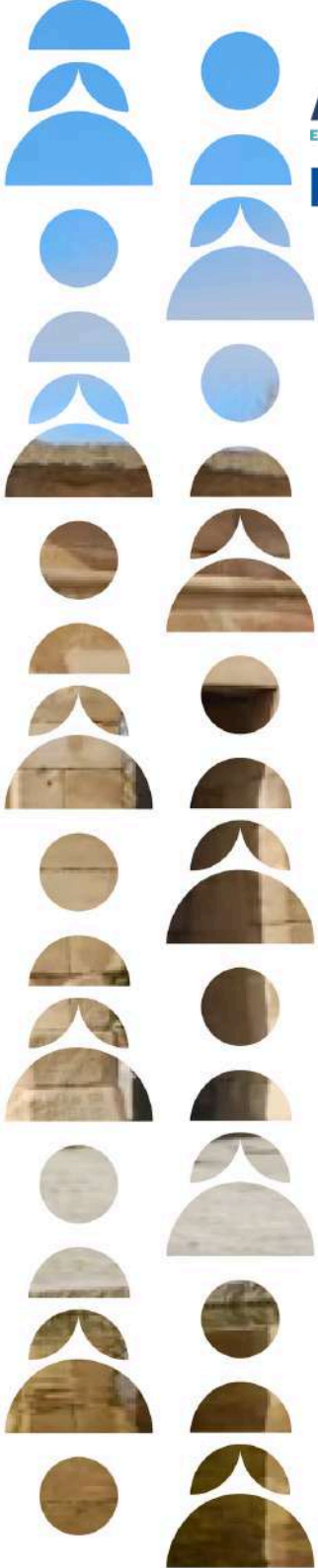


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# InfoPack **MADRID**





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# SPAIN

# About Spain

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**Population:** Around 47 million

**Capital:** Madrid

**Language:** Spanish (Castellano)

**Currency:** Euro (€)

**Weather:** Warm summers and mild winters  
— don't forget your sunscreen and a good pair of sunglasses!

**Time Zone:** Central European Time (CET) /  
UTC +1 (Summer: CEST / UTC +2)



The City of Arts and Sciences - Valencia



Ronda

Cudillero - Asturias



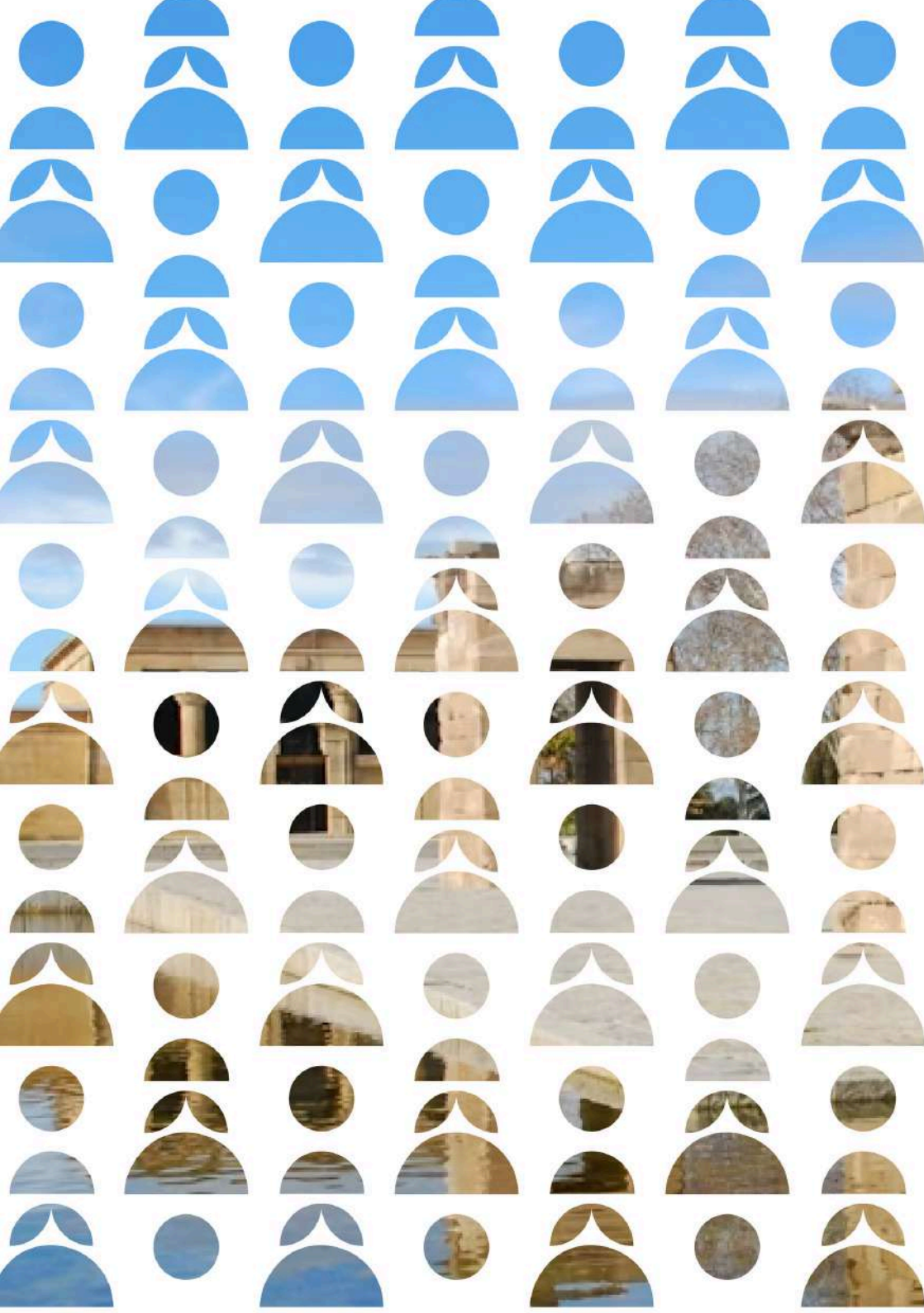
Catedral de Santa María de la Sede - Sevilla

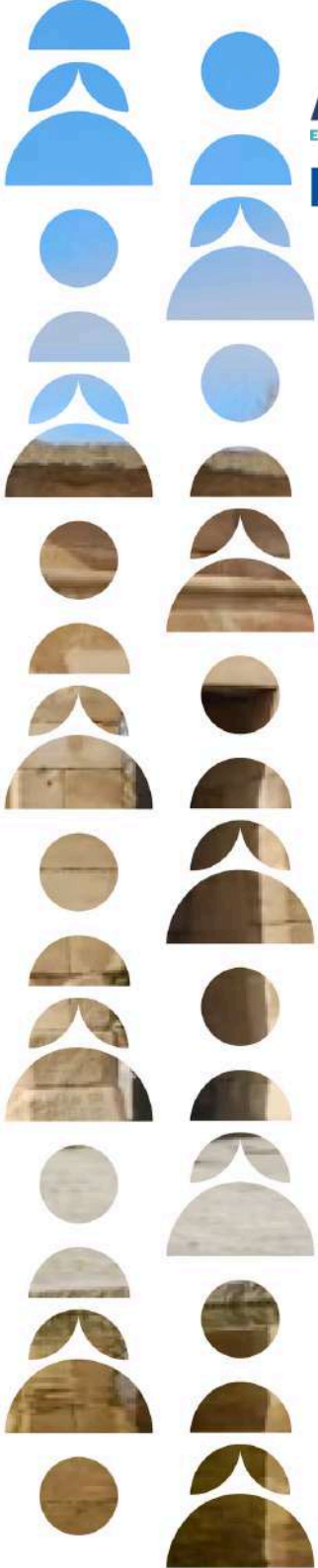


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Ibiza







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# MADRID



# About Madrid

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**Population:** Around 3.3 million

**Vibe:** Energetic and cosmopolitan city blending royal history, grand boulevards, world-class museums, and vibrant neighborhoods

**Location:** In the geographical center of Spain, well connected to the rest of the country and Europe.

## Not to be missed in Madrid

*Reina Sofia Museum* – Modern art, including Picasso's Guernica

*Puerta del Sol* – Central square, known for the "Kilómetro Cero" marker

*Mercado de San Miguel* – Stylish market with gourmet tapas

*Temple of Debod* – An ancient Egyptian temple with sunset views

*Retiro Park* – Madrid's green heart, perfect for walks, rowing boats, or relaxing

## Infopack - Madrid

Estanque Grande de El Retiro



Temple of Debod



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Plaza de Toros de Las Ventas



About Madrid



Metropolis Building

# Accommodation

## in Madrid

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Madrid offers a wide range of accommodation, including hotels and apartments. Prices vary by season and location.

*Some options to consider:*

### **Recommended areas for students/visitors:**

- *Centro / Sol*
- *Malasaña*
- *Lavapiés*
- *Chamberí*
- *Salamanca*
- *Argüelles / Moncloa (near universities)*

### **Hotels (mid-range examples):**

- *Hotel Regina* (near Puerta del Sol) – modern, central, well-reviewed
- *Petit Palace Clipper Gran Vía* – stylish, excellent location
- *Hotel Catalonia Gran Vía* – 4-star, with pool, central
- *Hotel Exe Moncloa* – modern, well-connected, rooftop terrace, near university area

# Accommodation in Madrid

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Madrid offers a wide range of accommodation, including hotels and apartments. Prices vary by season and location.

*Some options to consider:*

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## **Budget options / Hostels:**

- *The Hat Madrid – design hostel with rooftop bar - OK*
- *Hostel Madrid – social atmosphere, central location*

## **Apartments / Airbnb:**

- Wide selection throughout the city - Prices range  
~€50–150 per night for 2–4 people



Plaza Mayor

# Where to eat

## in Madrid

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Madrid has a rich food scene with something for everyone — from traditional Spanish cuisine to international flavors, vegan spots, and street food.

**Affordable prices:** You can enjoy a full meal for around €12–20. Many restaurants offer fixed-price lunch menus (menú del día) for €10–14.

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### A culinary journey through a Spanish day

#### ***Brunch\****

10:00 – 12:30

- Federal Café – Trendy spot with avocado toast, eggs, specialty coffee · Malasaña
- La Bicicleta – Cozy café popular with creatives · Specialty coffee & pastries · Malasaña
- Café de la Luz – Rustic vibes, tostadas and homemade cakes · Near Gran Vía

# Where to eat

## in Madrid

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### ***Tapas Time\****

12:30 – 14:00

Around 1 PM, it's time to grab a small beer (caña) and some tapas.

- El Sur – Affordable, authentic tapas · Loved by locals & visitors · Huertas
- Bodega de la Ardosa – Historic, classic tapas bar · Try the tortilla! · Malasaña
- Taberna El Tempranillo – Wine & small bites in a charming space · La Latina
- Lamiak – Basque-style pintxos in a modern setting · La Latina

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### ***Lunch\****

14:00 – 16:00

The main meal of the day — long, relaxed, and flavorful.

- Casa Lucio – Legendary spot, known for huevos rotos · Cava Baja
- La Mi Venta – Traditional Spanish food in a quiet setting · Near the Royal Palace
- Ten con Ten – Elegant, modern Spanish cuisine · Salamanca district
- Casa Mono – Trendy yet traditional fusion · Argüelles

# Where to eat

## in Madrid

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### ***Coffee Break\****

16:00 – 17:30

- HanSo Café – Minimalist, specialty coffee · Malasaña
- Toma Café – Arguably Madrid's best espresso · Multiple locations
- Plántate Café – Plants + coffee = cozy & cool · Lavapiés
- Ruda Café – Small, quiet spot for an afternoon break · La Latina

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### ***Dessert\****

17:30 – 19:00

Because every Spanish day ends best with something sweet.

- Chocolateria San Ginés – The go-to for churros con chocolate · Open late · Sol
- Moulin Chocolat – French-inspired pastries and macarons · Barrio Salamanca
- Pastelería Mallorca – Elegant pastries and cakes · Classic brand · Various locations
- La Duquesita – Historic pastry shop from 1914 · Beautiful interior · Recoletos



# From the airport to Madrid

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*Main Airport:* - Adolfo Suárez Madrid-Barajas Airport (MAD): ~13 km from city center - Direct flights from most European capitals and major global hubs

*Recommended Arrival:* - Most visitors fly into Madrid-Barajas, with excellent metro, bus, and taxi connections to the city.

*Airport Website:* <https://www.aena.es/en/adolfo-suarez-madrid-barajas.html>

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## ***Airport Transfers***

- *Metro:* Line 8 from the airport to Nuevos Ministerios (~15-20 minutes). Single ticket with airport supplement: ~€4.50–5.00.
- *Bus:* Express Airport Bus (24/7) to Atocha Station. ~€5.00. Travel time: ~40 minutes.
- *Taxi:* Fixed fare to central Madrid: €30.00 (standard, official rate).
- *Ride-sharing:* Uber, Bolt, Free Now available.
- *Train:* Cercanías service (Line C1) to main stations like Chamartín and Atocha from Terminal 4 (~25 minutes).



# Inside Madrid

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## ***By train\****

9 lines (C1–C10, except C9) connecting major stations like Atocha, Chamartín, Sol, Recoletos, and Nuevos Ministerios

Direct train to the airport (T4) via Line C1  
Frequent service, especially during peak hours  
(every 5–15 minutes)

Convenient for long-distance train connections and reaching business districts, universities, and large venues

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## ***By subway\****

12 lines covering over 300 stations

Trains run frequently, from 6:00 AM to 1:30 AM  
Great for reaching all parts of the city

*Tickets:*

- Single ride: €1.50–€2.00 (depending on distance)
- 10-ride ticket: ~€12.20
- Tourist travel pass (Abono Turístico): Unlimited travel from €8.40/day
- Tickets and passes can be bought at metro stations (machines or counters)

# Inside Madrid

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## ***By bus\****

Blue buses run within the city

Operates from ~6:00 AM to 11:30 PM

- Flat fare: €1.50 per ride, or use a 10-ride metrobus ticket (~€12.20) valid on both buses and metro
- Tickets can be bought on board (exact change) or via the Madrid Metro app, machines, or TTP card

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## ***By car\****

Driving in central Madrid is limited (Madrid Central Low Emission Zone)

Car rentals available at airport and city locations  
Parking in city center can be expensive and limited  
Recommended for day trips, not city commuting  
Taxi, Uber, and Cabify are good options for getting around Madrid. Driving and parking downtown are difficult.



# Going Out in Madrid

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## ***Bars & Tapas\****

- Mercado de San Miguel: Gourmet tapas in a lively market atmosphere.
- La Latina (Cava Baja Street): Ideal for a tapas crawl among traditional and modern bars.
- Casa Lucas (La Latina): Elegant spot for classic and innovative tapas.
- 1862 Dry Bar (Malasaña): Stylish cocktails in a relaxed setting.

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## ***Cultural Evenings\****

- Teatro Lope de Vega & Teatro Real: Check for musicals, operas, and plays.
- Café Central: Legendary jazz club with live performances in an intimate atmosphere.
- El Sol: Classic venue for indie and rock live shows.

# Going Out in Madrid

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## ***Nightclubs & Dancing\****

- Nazca – Reggaeton, urban, commercial · Spacious · Nuevos Ministerios
- Oh My Club – Reggaeton, commercial · Chic, elegant crowd · Chamartín
- Opium Madrid – Reggaeton, dance, Latin house · Trendy & upscale · Castellana
- Teatro Barceló – Reggaeton, pop, R&B · Iconic & fashionable · Tribunal
- Lula Club – Commercial reggaeton · Sophisticated but fun · Gran Vía

/25

## ***Rooftop Bars\****

- Azotea del Círculo de Bellas Artes: Panoramic views, perfect for sunset drinks.
- Ginkgo Sky Bar: Stylish atmosphere overlooking Plaza de España.
- Picalagartos: Elegant bar on Gran Vía with a relaxed vibe.



# Universidad Francisco de Vitoria

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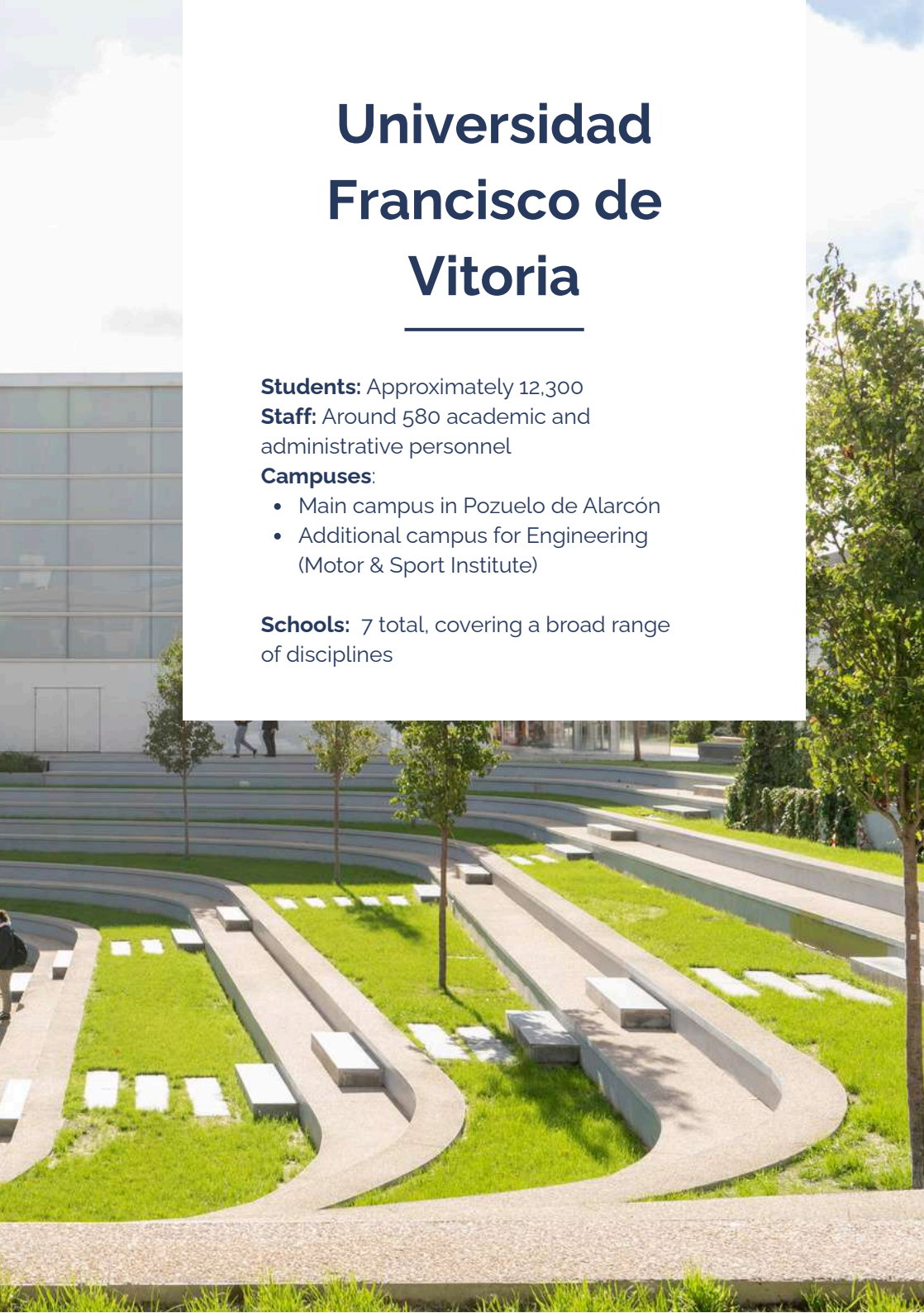
**Students:** Approximately 12,300

**Staff:** Around 580 academic and administrative personnel

**Campuses:**

- Main campus in Pozuelo de Alarcón
- Additional campus for Engineering (Motor & Sport Institute)

**Schools:** 7 total, covering a broad range of disciplines



# Discover the UFV Campus

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## ***Sports\****

Centro Deportivo UFV

Modern sports facilities open to students and staff.

- Fully equipped gym
- Football, basketball & volleyball courts
- Indoor fitness rooms
- Padel & tennis courts
- Group classes (yoga, spinning, etc.)

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## ***Cafeterias & Dining\****

Main Cafeteria (Comedor Central)

Affordable menus, snacks & hot meals

- Daily menus & salads
- Sandwiches, coffee, and pastries
- Outdoor terrace seating
- Coffee Spots Around Campus
- Coffee machines & grab-and-go kiosks
- Chill spaces for breaks between classes





# Discover the UFV Campus

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## ***Transport from Madrid to UFV\****

- Cercanías C-10 → Stop: Pozuelo + Bus 656, 657 or 659
- Direct bus from Moncloa: Lines 657 and 659 (stop at campus entrance)
- Free parking available

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## ***Chapel\****

The UFV Chapel is open to all and offers a quiet space for prayer and reflection, with regular confession, adoration, and student-led prayer groups.

### Opening Hours

- Monday to Friday: 07:15 – 22:00
- Saturday: 08:00 – 18:00
- Sunday: 18:00 – 22:00

REVO LUCIÓN



N HUMANA

A large, modern indoor sports hall with a high ceiling and a basketball court floor. The ceiling features a complex network of white metal beams and ductwork. The walls are light-colored, and a large window or glass wall in the background displays the word 'HUMANA' in large, white, sans-serif capital letters. The floor is a polished, light-colored wood with various colored lines (white, red, yellow) marking a basketball court. On the left side, a person in a blue uniform is standing near a blue bag and some basketballs. There are two doorways visible on the lower wall.

# Say it in Spanish

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Hola	Hello
Buenos días	Good morning
Buenas tardes	Good afternoon
Buenas noches	Good evening / Good night
Por favor	Please
Gracias	Thank you
Disculpe / Perdón	Excuse me / Sorry
¿Dónde está...?	Where is...?
¿Cuánto cuesta?	How much does it cost?
Estación de autobuses	Bus station
Centro	Center (city center)
Tienda	Shop / Store
Farmacia	Pharmacy
Hospital	Hospital
Restaurante	Restaurant
Menú	Menu
Muchas gracias	Thank you (formal)

# In Case of Emergency...

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If you need urgent help or assistance during your stay in Madrid, here are some useful contacts:

## Emergency Numbers

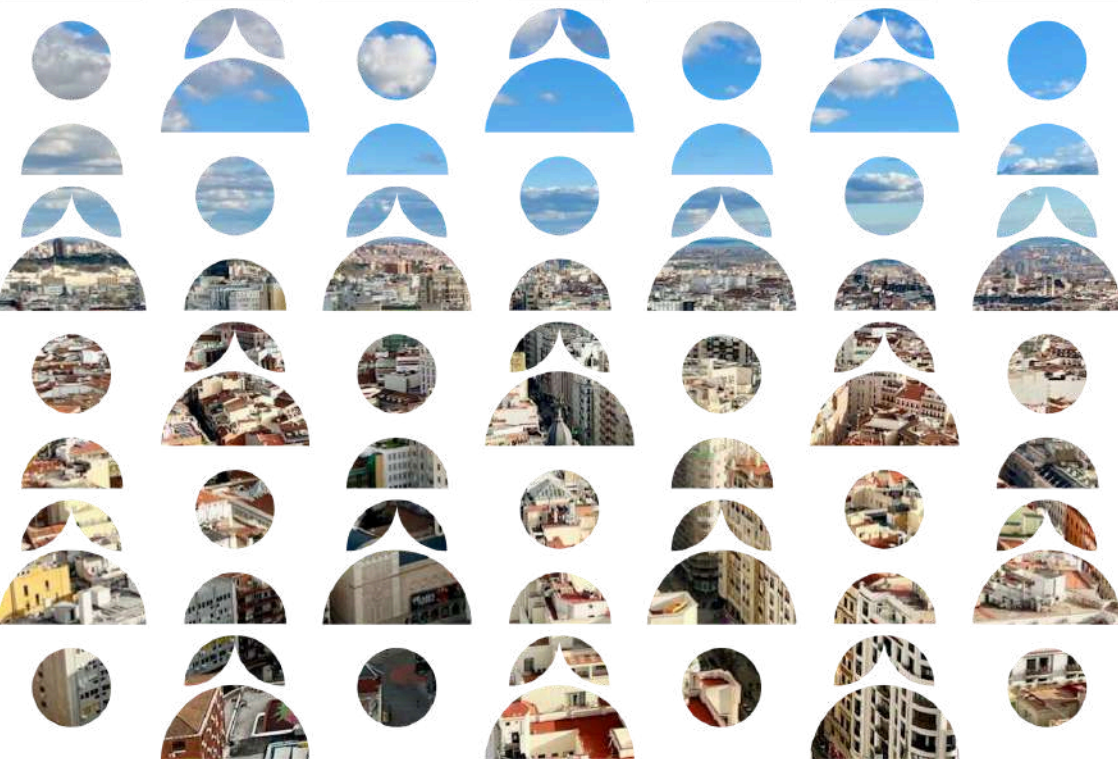
- General Emergency (Police, Fire, Ambulance): 112  
Free, 24/7, available in English.

## Nearby Hospitals in Madrid

- Hospital Universitario Fundación Jiménez Díaz  
+34 914 53 48 00 / Calle Reyes Católicos, 2,  
28040 Madrid
- Hospital Universitario Quirónsalud Madrid  
(Pozuelo)  
+34 914 53 04 00 / Calle Diego de Velázquez, 1,  
28223 Pozuelo de Alarcón

## UFV Contacts

- UFV Main Reception +34 917 14 04 00
  - European Alliance ACE2EU - [ace2eu@ufv.es](mailto:ace2eu@ufv.es)
  - UFV Medical Services - Located on campus
- For minor medical assistance during school hours



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