

ACE RISE



SOCIAL IMPACTORS & CULTURE HUB STUDENT VOLUNTEER PROGRAMMES

FIND YOUR VOLUNTEERING OPPORTUNITY



SOCIAL
IMPACTORS

CULTURE
HUB



ACE²
EUROPEAN UNIVERSITY

• Applied
• Connected
• Entrepreneurial &
• Engaged

ACE² - EU

ACE_RISE Reach, Inspire, Serve, Engage

Social Impactors & Culture Hub Volunteer Programmes

What Is It?

The ACE²-EU Volunteer Programmes are a chance for students to learn about social responsibility and make a real impact in their community. It combines online learning with hands-on volunteer work at an organisation that hosts you.

How It Works?

1) Online Course (MOOC – 25 hours)

You start with a flexible online course ACE_RISE where you learn the basics of volunteering:

- why volunteering matters
- social responsibility and solidarity
- communication skills

2) Volunteer Work in Person

After completing the online course, you join a real volunteering activity at a host organisations.

- You receive an introduction on day one
- Your university supports you throughout the volunteering period
- Working hours follow the rules of the hosting country/university. The schedule can be adapted depending on the host organisation's needs.

How Can I Participate?

- Register for the ACE_RISE online course through your university coordinator
- Complete the 25 hour online module
- Choose a volunteer activity offered in this brochure
- Join the in-person volunteer period and contribute to a meaningful project

The ACE_RISE Volunteer Programmes are developed and implemented by the Social Partnerships And Cultural Engagement (SPACE) Centre (Work Package 4 of ACE²-EU), together with external stakeholders.

Paula Pinto, Co-leader of the SPACE Centre, responsible of the ACE_RISE Volunteer Programmes

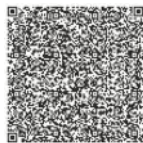
Ieva Zemīte, Leader of the SPACE Centre

PROGRAMME

KUNST UND KULTUR BASTEI E.V.

ACE_RISE

Volunteering Activity Guide



Costume Workshop OUT OF THE BOX III

Volunteers support young creators at the "Kunst und Kultur Bastei" in designing and building costumes from cardboard for the "OUT OF THE BOX" festival. This role involves material preparation, workshop facilitation, and event organisation while fostering a collaborative and creative art environment.

Responsible:

Camila Heller
Camila.Heller@thi.de



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Costume Workshop OUT OF THE BOX III.
Country of Volunteering Activity	Germany
Hosting University for the mobility	Technische Hochschule Ingolstadt Esplanade 10, 85049 Ingolstadt
Person responsible for the Volunteer Programme at Hosting University	Camila Heller Camila.Heller@thi.de 0841 93486479
Organisation where the Volunteering Activity will take place	Kunst und Kultur Bastei Oberer Graben 55 85049 Ingolstadt
Person responsible for the Volunteer at the Organisation	Name of person Email Phone
Start and end of Volunteering Activity (1)	28 March to 04 April 2026 (Saturday to Saturday)
Maximum number of students	2
Required skills from volunteers (2)	- interest in visual arts, costume design, or creative work - teamwork and communication skills - especially affinity for art is an advantage
Expected schedule and volunteer hours	
<p>Goals</p> <ul style="list-style-type: none"> - support young people in exploring creativity - help develop and produce costumes - assist in the smooth organisation of the festival events - contribute to a collaborative art environment where volunteers and participants inspire each other <p>Young people aged 15 to 27 can experiment with cardboard as a creative material. They design and build costumes and sculptures. In May 2026, these works – along with many other artistic pieces – will be presented at the OUT OF THE BOX youth exhibition and fashion show, celebrating the 20th anniversary of the children's and youth art school <i>Kunst und Kultur Bastei</i>. Cardboard is not just the packaging that delivers our orders – it is a versatile material that allows for incredibly creative work. During these two weeks, participants are free to experiment and try out ideas. There is no need to complete a full costume yet; anyone who wants to continue exploring the topic more deeply can keep working on their piece every Wednesday after the holidays.</p>	
<p>Beneficiaries</p> <p>Young people who participate in the costume programmes.</p>	

Expected competences that volunteers will develop

- creative and artistic skills
- communication and teamwork
- practical workshop facilitation skills
- problemsolving and adaptability

Description of tasks:

- assist in preparing materials
- support young participants in developing and creating their costume ideas
- take part in group art projects
- help organize a festival
- contribute creatively to the festival's visual identity

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



WÖRTHERSEE GRAVEL RACE

ACE_RISE

Volunteering Activity Guide



Wörthersee Gravel Race – UCI Gravel World Series

Volunteers assist in the organisation of the Wörthersee Gravel Race – UCI Gravel World Series, supporting logistics, branding, and race course operations while gaining practical experience in international event management.

Responsible:

Svetlana Buko
S.Buko@fh-kaernten.at



Agreement Volunteering Activity

Volunteering Activity Description/Beschreibung der Freiwilligenaktivität	
Type of Volunteer Programme/ Art des Freiwilligenprogramms	Culture Hub Volunteer Programme
Title of Volunteering Activity/ Titel der Freiwilligenaktivität	Wörthersee Gravel Race – UCI Gravel World Series
Country of Volunteering Activity/ Land der Freiwilligenaktivität	Austria
Hosting University for the mobility/ Gastgebende Universität der Aktivität	Carinthia University of Applied Sciences/ FH Kärnten, Europastr. 4, 9524 Villach, Austria
Person responsible for the Volunteer Programme at Hosting University/ Verantwortliche Person für das Freiwilligenprogramm an der gastgebenden Universität	Name of person: Svetlana Buko Email S.Buko@fh-kaernten.at Phone +43 664 999 30 403
Organisation where the Volunteering Activity will take place/ Organisation, in der die Freiwilligenaktivität stattfinden wird	Name of Organisation Adress PPG Pedal Performance Group GmbH, Primus-Lessiak-Straße 26/7, 9500 Villach
Name of responsible person in the organisation/ Verantwortliche Person für die Freiwilligen in der Organisation	Name of person Email julius@pedalperformancegroup.com Phone + 436802339195
Start and end of Volunteering Activity (1)/ Beginn und Ende der Freiwilligenaktivität (1)	Start date: 08 - April - 2026 End date: 12 - April - 2026
Deadline for applications/ Frist für Bewerbungen	08 - March - 2026
Maximum number of students/ Maximale Anzahl der Freiwilligen	30

Required skills from volunteers (2)/ <i>Erforderliche Fähigkeiten der Freiwilligen (2)</i>	<ul style="list-style-type: none"> • Organisational skills • Communication
Expected schedule and volunteer hours/ <i>Vorläufiger Zeitplan (Tage/Uhrzeit) und Anzahl der Arbeitsstunden</i>	Daily from 8:30 till 12:00 and from 13:00 till 17:30
Goals/ Ziele	<ul style="list-style-type: none"> • Gaining insights in the organisation of a global event
Beneficiaries/ <i>Begünstigte</i>	<ul style="list-style-type: none"> • Tourism value creation and positioning Carinthia as a leading road-cycling region
Expected competences that volunteers will develop/ <i>Erwartete Kompetenzen, die die Freiwilligen entwickeln werden</i>	<ul style="list-style-type: none"> • Teamwork and cross-cultural collaboration • Communication in teams • Work with local businesses and NGOs • Insights in event organisation within onsite tasks
Description of tasks/ <i>Beschreibung der Aufgaben:</i>	<ul style="list-style-type: none"> • Support in logistics, set up and dismantling, branding, race course activities
Notes/ Hinweise	
<p>(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is: / <i>Die freiwilligen Studierenden werden für 8 Nächte finanziert. Die empfohlene Struktur für die Freiwilligenaktivität ist:</i></p> <p>Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement). <i>Tag 1 (Montag) – Begrüßung und Gruppen- oder Tutoriumsaktivitäten, entweder an der gastgebenden Universität oder in der Organisation, in der die Freiwilligenaktivitäten stattfinden, oder beides (z. B. morgens an der Universität und nachmittags in der Organisation).</i></p> <p>Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation). <i>Tag 2 bis Tag 6 (Dienstag bis Samstag) – Freiwilligenaufgaben, wie von der Organisation definiert, in der die Studierenden eingesetzt sind (die Arbeitszeiten werden von der Organisation festgelegt und dürfen die gesetzlich definierten Grenzen nicht überschreiten).</i></p> <p>Day 7 (Sunday) – Free day <i>Tag 7 (Sonntag) – Freier Tag</i></p>	

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Reviving Forgotten Heritage: Mapping and Activation of Tourist and Historical Sites in Stip

Volunteers engage in researching and mapping neglected historical sites in North Macedonia, supporting heritage revitalisation and sustainable tourism initiatives.

Responsible:

Daniela Koceva, Marija Gogova
Samonikov, Vishna Shorova
daniela.koceva@ugd.edu.mk
marija.gogova@ugd.edu.mk



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors/Culture Hub Volunteer Programme
Title of Volunteering Activity	Reviving Forgotten Heritage: Mapping and Activation of Tourist and Historical Sites in Stip
Country of Volunteering Activity	North Macedonia
Hosting University for the mobility	Goce Delcev University Address: Krste Misirkov 10-A, 2000 Stip, North Macedonia
Person responsible for the Volunteer Programme at Hosting University	Name of person: Daniela Koceva & Marija Gogova Samonikov Email: daniela.koceva@ugd.edu.mk marija.gogova@ugd.edu.mk Phone +389 78 293 257, +389 75 499 807
Organisation where the Volunteering Activity will take place	Name of Organisation: <ol style="list-style-type: none"> Local Self-Government of Stip – Department for Tourism Address: Vasil Glavinov, 45 2000 Stip, North Macedonia National Institution Institute for the Protection of Cultural Monuments and Museum – Stip Address: Kej Marshal Tito 2, Stip 2000 North Macedonia
Person responsible for the Volunteer at the Organisation	Name of person: Vishna Shorova Email: visna.sorova@gmail.com Phone: +389 78 472 633 Name of person: Marija Prickova Miteva Email: marija_prickova@yahoo.com Phone: +389 78 899 765
Start and end of Volunteering Activity (1)	19 April ; end date: 26 April , 2026
Maximum number of students	6 (4 International + 2 from UGD)
Required skills from volunteers (2)	<p>Personal and transferable skills:</p> <ul style="list-style-type: none"> • Interest in culture, heritage, tourism, and local and economic development • Responsibility and commitment • Ability to work in teams • Communication and presentation skills • Openness to fieldwork and community engagement <p>Technical/basic skills:</p> <ul style="list-style-type: none"> • Basic research and analytical skills • Digital literacy (maps, presentations, photography, documentation) <p><i>No previous professional experience is required.</i></p>

Expected schedule and volunteer hours	<p>6 – 8 hours per day</p> <p>Combination of:</p> <ul style="list-style-type: none"> • fieldwork • desk research • teamwork and analysis • preparation of project outputs
<p>Goals</p> <p>To identify, research, and map neglected or underutilized historical and cultural sites in the city of Stip:</p> <ul style="list-style-type: none"> • To contribute to the revitalization of local cultural heritage and sustainable tourism development; • To support the Local Self-Government of Stip in tourism planning and heritage valorization; • To strengthen students' civic engagement and sense of social responsibility; • To connect academic knowledge with real local community needs; • To promote youth participation in local development processes . 	
<p>Beneficiaries</p> <ul style="list-style-type: none"> • Local Self-Government of Stip • Citizens of Stip • Tourists and visitors • Cultural and historical institutions • Students participating as volunteers 	
<p>Expected competences that volunteers will develop</p> <ul style="list-style-type: none"> • Research and analytical competencies • Practical experience in cultural and urban tourism • Critical thinking and problem-solving skills • Teamwork and project-based collaboration • Public presentation and communication skills • Civic engagement and understanding of local governance • Awareness of sustainable development and cultural heritage protection 	
<p>Description of tasks:</p> <p>Day 1 – Welcome and Orientation</p> <ul style="list-style-type: none"> • Welcome session at the Local Self-Government of Stip • Introduction to the Department for Tourism and its activities • Presentation of the volunteering objectives and methodology • Division into working teams <p>Days 2 – 4 – Field Research and Mapping</p> <ul style="list-style-type: none"> • Identification of: <ul style="list-style-type: none"> ◦ neglected historical sites ◦ forgotten cultural landmarks ◦ locations with tourism potential • Field visits and on-site observation • Photo documentation • Collection of historical, cultural, and spatial data • Cooperation with local institutions and available archives <p>Days 5</p> <ul style="list-style-type: none"> • Analysis of collected data <p>Development of:</p>	

- mapping materials
- proposals for site marking and information boards
- short project ideas for revitalization and tourism activation
- Preparation of visual and presentation materials

Day 7 – Final Presentations and Evaluation

- Presentation of results to:
 - representatives of the Local Self-Government of Stip
 - university representatives
- Discussion and feedback session
- Evaluation of the volunteering activity
- Closing session and certificate awarding

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example, morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – free day

Day 8 (Monday) - Closing Day with assessment, celebration, and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

ACE² Applied Connected Entrepreneurial & EUROPEAN UNIVERSITY Engaged



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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Past with History

Volunteers promote Santarém's cultural heritage by designing promotional materials and organising community events, bridging the gap between historical monuments and the local public.

The programme offers hands-on experience in heritage management and social integration within a professional institutional framework.

Responsible:

Paula Pinto, Team: Edite Duarte,
Ana Filipa Oliveira
Paula.pinto@esa.ipsantarém.pt



ACE_RISE Volunteer Programme_SCMS – Culture project

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Past with History
Country of Volunteering Activity	Portugal
Hosting University for the mobility	Name of University: Santarém Polytechnic University (IPS) Aadress: Complexo Andaluz, Apartado 279, 2001-904 Santarém
Person responsible for the Volunteer Programme at Hosting University	Paula Pinto; paula.pinto@esa.ipsantarém.pt ; +351 963056556 Team: Edite Duarte; edite.duarte@sc.ipsantarém.pt ; Ana Filipa Oliveira; ana.oliveira@ese.ipsantarém.pt
Organisation where the Volunteering Activity will take place	Name of Organisation: Santa casa da Misericórdia de Santarém (SCMS) Aadress: Av. dos Combatentes, nº 1, 2005-361 Santarém, Portugal
Person responsible for the Volunteer at the Organisation	Mafalda Monteiro; mafalda.monteiro@scms.pt ; +351 969 646 900
Start and end of Volunteering Activity (1)	Start date: April 13; end date: April 19, 2026
Maximum number of students	6 volunteers (4 international + 2 from IPS)
Required skills from volunteers (2)	Responsibility, commitment, participation, and motivation.
Expected schedule and volunteer hours	Monday to Friday; 10:00 to 12:30 and 14:00 to 17:30 (some days the hours may be different according to the activities designed for the community).
Goals	<ul style="list-style-type: none"> Promote greater knowledge of the institution's history and heritage. Create new dynamics and initiatives in volunteering. Encourage partnerships with other community entities. Create synergies between different organizations working in heritage.
Beneficiaries: The community of Santarém.	
Expected competences that volunteers will develop:	Promote humanization among volunteers, particularly through interaction with more vulnerable groups. Promote participation and knowledge-sharing within groups and the community.
Description of tasks:	<p>The structure of the project is based, on the one hand, on the diversity and richness of the institution's (SCMS) heritage, and on the other hand, on the support of the students in promoting, disseminating, and strengthening ties with the community. We expect students to lead different activities, proposed and organized by the participants according to their perspective and understanding of reality. At least one of the activities will be carried out within the community.</p> <p>Sunday 12 – Arrival day. Monday, 13 – Morning - welcome in IPS, group activities with students from the host university; Afternoon – Welcome in SCMS. Tuesday 14 and Wednesday 15 – Visit and know the history of the monuments of SCMS (church and other historic buildings). Design of simple materials that can help promote visits to the monuments (videos, pamphlets) and preparation of an activity that will be delivered in one of the monuments to the community (for example, a performance, a photo exposition). 16 and 17 – delivering of the activity. 17 – Closing ceremony in IPS. 18 – Free day 19 – Leaving day</p>

ACE² Applied Connected Entrepreneurial & EUROPEAN UNIVERSITY Engaged



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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Cultures in Connection: Intergenerational Encounters in Santarém

Volunteers facilitate intergenerational exchange at the Senior University of Santarém by leading creative workshops in arts, music, and language. The initiative promotes social inclusion and intercultural communication, providing seniors with cognitively enriching experiences through collaborative learning.


Responsible:

Paula Pinto, Team: Edite Duarte, Ana Filipa Oliveira, Vitor Barreto, Team: Cristina Jorge, Susanan Gama, Paula Borralho, Leónia Santos
Paula.pinto@esa.ipsantarém.pt



ACE_RISE Volunteer Programme_ UTIS

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Cultures in Connection: Intergenerational Encounters in Santarém
Country of Volunteering Activity	Portugal
Hosting University for the mobility	Name of University: Santarem Polytechnic University (IPS) Address: Complexo Andaluz, Apartado 279, 2001-904 Santarém
Person responsible for the Volunteer Programme at Hosting University	Paula Pinto: paula.pinto@esa.ipsantarém.pt ; +351 963056556 Team: Edite Duarte: edite.duarte@sc.ipsantarém.pt ; Ana Filipa Oliveira: ana.oliveira@ese.ipsantarém.pt
Organisation where the Volunteering Activity will take place	Name of Organisation: Senior University of Santarem (UTIS, Universidade da Terceira Idade de Santarém) Address: Casa de Portugal e de Camões, Rua Capitão Romeu da Neves, 2005-157 Santarém.
Person responsible for the Volunteer at the Organisation	Vitor Barreto: vibarreto@gmail.com , +351 965291867 Team: Cristina Jorge: utisantarem@sapo.pt ; Susanan Gama; Paula Borralho, Leónia Santos; blvoluntariado@cm-santarém.pt
Start and end of Volunteering Activity (1)	Start date: April 12; end date: April 19 , 2026
Maximum number of students	2 international + 1 from IPS
Required skills from volunteers (2)	Intercultural communication – ability to explain cultural elements clearly and respectfully. Basic facilitation and group-management – guiding small groups, encouraging participation. Creativity and adaptability – designing engaging activities (dance, art, music, language, cognitive games). Empathy and patience – working comfortably with older adults with diverse abilities. Foundational digital literacy – using simple media, music devices, or visual aids.
Expected schedule and volunteer hours	Monday 13 to Friday 17; 6 to 8 hours per day.
Goals: Promote intergenerational exchange between international students and senior university participants. Foster cultural sharing through arts, language, and interactive activities. Provide seniors with stimulating, enjoyable, and cognitively enriching experiences. Offer volunteers a meaningful opportunity to learn through service and collaboration.	
Beneficiaries: Participants from the Senior University of Santarém (UTIS) who will engage in cultural, artistic, and cognitive activities.	
Expected competences that volunteers will develop:	
Intercultural competence – deeper understanding of cultural expression and communication across contexts. Facilitation & pedagogical skills – designing short learning experiences adapted to older adults. Leadership & initiative – taking responsibility for planning and delivering activities. Collaborative problem-solving – adjusting activities in real time based on group needs. Civic engagement mindset – awareness of volunteering as a tool for social inclusion and community well-being. Creative expression – using art, music, language, and movement as tools for connection.	
Description of tasks: Sunday 12 – arriving day Monday, 13 – Morning - welcome in IPS, group activities with students from the host university; Afternoon – welcome in UTIS; cultural walk in the city.	



Tuesday, 14 – design and preparation of the activities to deliver with focus on the culture of the volunteers' countries – activities to deliver may include dance, painting, music, language, history ludic mathematics (cognitive games) or other that the volunteers and the UTIS coordinating team may find adequate.

Wednesday, 15 ; Thursday 16 - delivery of the activities

Friday, 17 – Closing ceremony in IPS with volunteers and beneficiaries.

Saturday 18 – free day

Sunday 19 – leaving day

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Carinthia200

Volunteers contribute to the on-site organisation of an international road-cycling event in Carinthia, supporting logistics, branding, and race operations while gaining hands-on experience in large-scale event management.

Responsible:

Dr. Carolina Müller
c.mueller@fh-kaernten.at



Agreement Volunteering Activity

Volunteering Activity Description/Beschreibung der Freiwilligenaktivität	
Type of Volunteer Programme/ Art des Freiwilligenprogramms	Culture Hub Volunteer Programme
Title of Volunteering Activity/ Titel der Freiwilligenaktivität	Carinthia200
Country of Volunteering Activity/ Land der Freiwilligenaktivität	Austria
Hosting University for the mobility/ Gastgebernde Universität der Aktivität	Carinthia University of Applied Sciences/ FH Kärnten, Europastr. 4, 9524 Villach, Austria
Person responsible for the Volunteer Programme at Hosting University/ Verantwortliche Person für das Freiwilligenprogramm an der gastgebenden Universität	Name of person: Carolina Müller Email : c.mueller@fh-kaernten.at Phone: +435905003418
Organisation where the Volunteering Activity will take place/ Organisation, in der die Freiwilligenaktivität stattfinden wird	Name of Organisation Adress PPG Pedal Performance Group GmbH, Primus-Lessiak-Straße 26/7, 9500 Villach
Name of responsible person in the organisation/ Verantwortliche Person für die Freiwilligen in der Organisation	Name of person Email julius@pedalperformancegroup.com Phone + 436802339195
Start and end of Volunteering Activity (1)/ Beginn und Ende der Freiwilligenaktivität (1)	Start date: 28 - May - 2026 End date: 31 - May - 2026
Deadline for applications/ Frist für Bewerbungen	28 - April - 2026
Maximum number of students/ Maximale Anzahl der Freiwilligen	30

Required skills from volunteers (2)/ <i>Erforderliche Fähigkeiten der Freiwilligen (2)</i>	<ul style="list-style-type: none"> Organisational skills Communication
Expected schedule and volunteer hours/ <i>Vorläufiger Zeitplan (Tage/Uhrzeit) und Anzahl der Arbeitsstunden</i>	Daily from 8:30 till 12:00 and from 13:00 till 17:30
Goals/ Ziele	<ul style="list-style-type: none"> Gaining insights in the organization of a global event
Beneficiaries/ <i>Begünstigte</i>	<ul style="list-style-type: none"> Tourism value creation and positioning Carinthia as a leading road-cycling region
Expected competences that volunteers will develop/ <i>Erwartete Kompetenzen, die die Freiwilligen entwickeln werden</i>	<ul style="list-style-type: none"> Teamwork and cross-cultural collaboration Communication in teams Work with local businesses and NGOs Insights in event organisation within onsite tasks
Description of tasks/ <i>Beschreibung der Aufgaben:</i>	<ul style="list-style-type: none"> Support in logistics, set up and dismantling, branding, race course activities
Notes/ Hinweise	
<p>(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is: / <i>Die freiwilligen Studierenden werden für 8 Nächte finanziert. Die empfohlene Struktur für die Freiwilligenaktivität ist:</i></p> <p>Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement). <i>Tag 1 (Montag) – Begrüßung und Gruppen- oder Tutoriumsaktivitäten, entweder an der gastgebenden Universität oder in der Organisation, in der die Freiwilligenaktivitäten stattfinden, oder beides (z. B. morgens an der Universität und nachmittags in der Organisation).</i></p> <p>Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation). <i>Tag 2 bis Tag 6 (Dienstag bis Samstag) – Freiwilligenaufgaben, wie von der Organisation definiert, in der die Studierenden eingesetzt sind (die Arbeitszeiten werden von der Organisation festgelegt und dürfen die gesetzlich definierten Grenzen nicht überschreiten).</i></p> <p>Day 7 (Sunday) – Free day <i>Tag 7 (Sonntag) – Freier Tag</i></p>	

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Event Coordinator Assistant 1 at Lastadija Cultural Quarter Event Coordinator Assistant 2 at Lastadija Cultural Quarter

Volunteers support the coordination and on-site delivery of cultural events in Riga, assisting with planning, logistics, and communication. The activity offers hands-on experience across the full event cycle, from preparation to reporting.

Responsible:

Asnāte Kalēja, Kate Irbe Kazaka
asnate.kaleja@lka.edu.lv



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub
Title of Volunteering Activity	Event Coordinator Assistant 1 at Lastadija Cultural Quarter Event Coordinator Assistant 2 at Lastadija Cultural Quarter
Country of Volunteering Activity	Latvia
Hosting University for the mobility	Latvian Academy of Culture Miera street 58a, Riga
Person responsible for the Volunteer Programme at Hosting University	Asnāte Kalēja asnate.kaleja@lka.edu.lv +371 29373288
Organisation where the Volunteering Activity will take place	NGO Free Riga Lastadija cultural quarter, Vilhelma Purvīša street 13/15, Riga, LV-10150
Person responsible for the Volunteer at the Organisation	Kate Irbe Kazaka kate.irbe@freeriga.lv +371 26674487
Start and end of Volunteering Activity (1)	Event Coordinator Assistant 1: 25.05.2026.-01.06.2026 Event Coordinator Assistant 2: 24.08.2026-31.08.2026
Maximum number of students	4 (2 for each position)
Required skills from volunteers (2)	<p>For Event Coordinator Assistant 1</p> <p>Basic understanding of terminology in Latvian/English, communication skills in the English language.</p> <p>Basic knowledge and capacity to use software like Office Word, Excel, E-mail, and Airtable or Asana, editing software like Canva;</p> <p>Capacity to plan coordinating steps and work schedule;</p> <p>Capacity to multitask and communicate with multiple team members and parties.</p> <p>For Event Coordinator Assistant 2</p> <p>Basic understanding of terminology in Latvian/English, communication skills in the English language;</p> <p>Communication skills and emotional intelligence to manage crowds and problem situations;</p> <p>Capacity to multitask and communicate with multiple team members and parties;</p> <p>Physical strength to carry heavier items;</p> <p>Knowledge for working with basic work instruments like screwdrivers.</p>

Expected schedule and volunteer hours	4 to 6 hours per day, depending on the tasks at hand; From 10.00 to 23.00; 5 to 6 days.
Goals The goal is to experience a fully packed week of event coordinating, from planning to final performance and reports.	
Beneficiaries Direct beneficiaries would be the cultural quarter itself, outsourced and on-site event curators, as well as quarter residents, as the voluntary worker will significantly raise the human resource capacity for the limited event team.	
Expected competences that volunteers will develop Volunteers will develop multifaceted skills in local event planning, team coordinating, and communication with partners and the team. Gained competences will include knowledge of local legislation, basics of public event curating, coordinating teams and individuals, their tasks, as well as professional communication with event curators, and tailoring the basic knowledge to their needs/wants.	
Description of tasks: For Event Coordinator Assistant 1 Event coordination (licensing and insurance, coordinating with Riga City Council); Event team planning and division of tasks, communication with quarters residents; Decoration and needs planning — information gathering, preparation of material lists; Support on the day of the event with light tasks: security, information for visitors, supervision, entrance, photography; After the event — report writing; (license report, photos, short overview of what went well and what could be improved), rapport building with the included parties. For Event Coordinator Assistant 2 Full involvement in event preparation: event space set-up, decoration placement, technical equipment (sound, lighting, furniture) support work. Transporting, placing, arranging materials and furniture; physical assistance on-site at the event. Assistance during the event with logistical tasks: equipment monitoring, adherence to time schedules, cooperation with suppliers, coordination of guest flows and employee movements. Returning/storing physical materials after the event, cleaning the premises; checking inventory and preparing reports on losses or deviations.	
Notes (1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is: Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement). Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation). Day 7 (Sunday) – Free day Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey. This structure may be adapted according to the needs of the organisation where the volunteering activity occurs. (2) This refers to any technical or transferable skills that the volunteer must have <i>a priori</i> to perform the defined tasks.	

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Museum of the Second World War_European Night of Museums

Volunteers assist in organising the European Night of Museums 2026 by promoting the event and delivering short talks for English-speaking visitors. This role supports high-quality community service and fosters intercultural communication through active event participation.

Responsible:

Izabela Kowalczyk-Dec,
ikowalczyk@gumed.edu.pl
Patrycja Maszka-Stankiewicz
patrycja.maszka-stankiewicz@gumed.edu.pl



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme for Medical University of Gdańsk (MUG)
Title of Volunteering Activity	Museum of the Second World War_ European Night of Museums
Country of Volunteering Activity	Poland
Hosting University for the mobility	Medical University of Gdańsk Address: Poland, Gdańsk 80-210, M. Skłodowskiej-Curie 3a
Persons responsible for the Volunteer Programme at Hosting University	Mrs. Izabela Kowalczyk-Dec & Mrs. Patrycja Maszka-Stankiewicz Email: ikowalczyk@gumed.edu.pl, patrycja.maszka-stankiewicz@gumed.edu.pl Phone: izabela +48 605237751
Organisation where the Volunteering Activity will take place	Name of Organisation: Museum of the Second World War pl. W. Bartoszewskiego 1, 80-862 Gdańsk, Poland phone: +48 58 760 09 60, info@muzeum1939.pl
Person responsible for the Volunteer at the Organisation	Mrs. Ewa Wierzbowska, e-mail: ew.wierzbowska@muzeum1939.pl, +48 58 323-75-37
Start and end of Volunteering Activity (1)	Arrival day 10.05. , start date 11.05. and end date 16. 05., departure day 18.05.
Maximum number of students	2
Required skills from volunteers (2)	English language – level B2 Strong communication skills Ability to work in a team Basic organizational and time-management abilities Reliability and commitment to assigned tasks Positive attitude and willingness to help
Expected schedule and volunteer hours	Weekday regular hours – 8:30-15:30, and Saturday evening Not exceeding 8 hours per day; including lunch break. The volunteer students will be financed for 8 nights. Day 1 (Sunday) – Arrival Day 2 (Monday) – Welcome and any group or tutorial activities in the hosting University Day 3 to day 6 (Tuesday to Friday) – Welcome at the Museum, introduction to the institution, visit at the Main Exhibition and available temporary exhibitions. Health and safety training. Volunteering tasks for

the European Night of Museums 2026. Closing Day with assessment, celebration and certificates. Fill the final survey.

Day 7 (Saturday) – Volunteering during the European Night of Museums

Day 8 (Sunday) – Free day

Day 9 (Monday) – Closing Day with assessment, celebration and certificates at the hosting University. Fill the final survey.

Goals: Support the successful implementation of project activities; Contribute to creating a positive, inclusive, and engaging environment; Assist the team in delivering high-quality services to the community; Develop personal skills, knowledge, and intercultural understanding; Promote teamwork, cooperation, and active participation among all members.

Beneficiaries: Organisations and partners collaborating on the project;

The wider community benefiting from increased engagement and positive impact.

Expected competences that volunteers will develop: Intercultural communication skills; Teamwork and collaboration abilities; Problem-solving and critical-thinking skills; Adaptability and openness to new environments; Language skills in an international context; Time-management and self-discipline.

Description of tasks: Assistance in organising the European Night of Museums 2026 at the Museum of the Second World War, preparing a short talk in English for English-speaking guests. Promoting the event at the museum among English-speaking visitors, and in between, materials to prepare.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Filling the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Gallery assistant

Volunteers assist contemporary art gallery "Tur telpa" in Riga with exhibition setup, artwork maintenance, and visitor engagement. This role offers hands-on experience in gallery management and curation while supporting the local art community.

Responsible:

Asnāte Kalēja, Kristīne Ercika
asnate.kaleja@lka.edu.lv



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub
Title of Volunteering Activity	Gallery assistant
Country of Volunteering Activity	Latvia
Hosting University for the mobility	Latvian Academy of Culture Miera street 58a, Riga
Person responsible for the Volunteer Programme at Hosting University	Asnāte Kalēja asnate.kaleja@lka.edu.lv +371 29373288
Organisation where the Volunteering Activity will take place	Contemporary art gallery "Tur telpa" Tallinas street 6, Tallinas street Quarter, Riga, Latvia
Person responsible for the Volunteer at the Organisation	Kristīne Ercika tur.telpa@gmail.com +371 25645099
Start and end of Volunteering Activity (1)	29 June-5 July; 10-16 August; 19-25 October
Maximum number of students	Up to 5
Required skills from volunteers (2)	Strong communication abilities Proficient in spoken and written English Detail-oriented and reliable Eager to learn and willing to take on hands-on tasks
Expected schedule and volunteer hours	To be determined individually based on the exhibition currently in progress
Goals	To assist in the smooth operation of gallery exhibitions and events. To enhance the gallery experience for visitors through excellent customer service and engagement.
Beneficiaries	Local artists whose work is displayed in the gallery. Visitors to the gallery, including art enthusiasts, students, and the general public. The gallery itself, benefiting from the added support in event and exhibition management.
Expected competences that volunteers will develop	Strong communication and interpersonal skills through interaction with visitors and artists. Experience in gallery and exhibition management, including setup, curation, and maintenance. Understanding of art curation, display techniques, and artist representation. Organisational skills in handling logistics for events and exhibitions.

Description of tasks:

Greet and assist visitors, providing information about current exhibitions and artists.

Help with the installation and deinstallation of art displays.

Maintain gallery spaces by ensuring cleanliness and proper display of artwork.

Assist with event preparation, including setting up for opening receptions or special events.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Museum of the Second World War_Conservation Department

Volunteers assist the Museum's Conservation Department with the inventory, labelling, and cleaning of historical and archaeological objects. This hands-on role develops technical preservation skills and intercultural teamwork through photographic documentation and supervised conservation tasks.

Responsible:

Izabela Kowalczyk-Dec,
ikowalczyk@gumed.edu.pl
Patrycja Maszka-Stankiewicz
patrycja.maszka-stankiewicz@gumed.edu.pl



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme for Medical University of Gdańsk (MUG)
Title of Volunteering Activity	Museum of the Second World War_ Conservation Department
Country of Volunteering Activity	Poland
Hosting University for the mobility	Medical University of Gdańsk Address: Poland, Gdańsk 80-210, M. Skłodowskiej-Curie 3a
Persons responsible for the Volunteer Programme at Hosting University	
Organisation where the Volunteering Activity will take place	Name of Organisation: Museum of the Second World War pl. W. Bartoszewskiego 1, 80-862 Gdańsk, Poland phone: +48 58 760 09 60, info@muzeum1939.pl
Person responsible for the Volunteer at the Organisation	Mrs. Ewa Wierzbowska, e-mail: e.wierzbowska@muzeum1939.pl, +48 58 323-75-37
Start and end of Volunteering Activity (1)	Arrival day 21.06. , start date 22.06., and end date 27.06., departure day 29.06.
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - English language – level B2 - Strong communication skills - Ability to work well independently - Ability to work well in a team - Attentiveness and patience - Ability to do manual work - Basic organizational and time-management abilities - Reliability and commitment to assigned tasks - Positive attitude and willingness to help
Expected schedule and volunteer hours	Late afternoon till early evening; not exceeding 8 hours per day, including lunch break. The volunteer students will be financed for 8 nights. Day 1 (Sunday) – Arrival

Day 2 (Monday) – Welcome and any group or tutorial activities in the hosting University. Welcome at the Museum, introduction to the institution. Health and safety training.

Day 3 to day 6 (Tuesday to Friday) – Visit at the Main Exhibition and available temporary exhibitions. Volunteering tasks in the Conservation Department.

Day 7 (Saturday) – Tour of a selected place in Gdańsk

Day 8 (Sunday) – Free day

Day 9 (Monday) – Closing Day with assessment, celebration and certificates at the hosting University. Filling the final survey.

Goals: Support the successful implementation of project activities; Contribute to creating a positive, inclusive, and engaging environment; Assist the team in delivering high-quality services to the community; Develop personal skills, knowledge, and intercultural understanding; Promote teamwork, cooperation, and active participation among all members.

Beneficiaries: Organisations and partners collaborating on the project;

The wider community benefiting from increased engagement and positive impact.

Expected competences that volunteers will develop: Intercultural communication skills; Teamwork and collaboration abilities; Problem-solving and critical-thinking skills; Adaptability and openness to new environments; Language skills in an international context; Time-management and self-discipline.

Description of tasks: Inventory of objects, permanent labelling of archaeological objects, photographic documentation, simple cleaning work, cleaning the surfaces of historical objects under the supervision of a conservator.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Filling the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Museum of the Second World War_Eyewitness Histories I

Volunteers translate or transcribe video recordings for the museum's eyewitness histories portal to preserve and share historical accounts. This role develops strong writing and intercultural skills while supporting the documentation of personal wartime testimonies.

Responsible:

Izabela Kowalczyk-Dec.
ikowalczyk@gumed.edu.pl
Patrycja Maszka-Stankiewicz
patrycja.maszka-stankiewicz@gumed.edu.pl



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme for Medical University of Gdańsk (MUG)
Title of Volunteering Activity	Museum of the Second World War Eyewitness Histories I
Country of Volunteering Activity	Poland
Hosting University for the mobility	Medical University of Gdańsk Address: Poland, Gdańsk 80-210, M. Skłodowskiej-Curie 3a
Persons responsible for the Volunteer Programme at Hosting University	Mrs. Izabela Kowalczyk - Dec & Mrs. Patrycja Maszka-Stankiewicz Email: ikowalczyk@gumed.edu.pl, patrycja.maszka-stankiewicz@gumed.edu.pl Phone: Izabela +48 605237751
Organisation where the Volunteering Activity will take place	Name of Organisation: Museum of the Second World War pl. W. Bartoszewskiego 1, 80-862 Gdańsk, Poland phone: +48 58 760 09 60, info@muzeum1939.pl
Person responsible for the Volunteer at the Organisation	Mrs. Ewa Wierzbowska, e-mail: e.wierzbowska@muzeum1939.pl, +48 58 323-75-37
Start and end of Volunteering Activity (1)	Arrival day 21.06. , start date 22.06., and end date 27.06 departure day 29.06.
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - English language – level B2 - Communication skills - Strong writing skills - Ability to work in a team - Basic organizational and time-management abilities - Reliability and commitment to assigned tasks - Positive attitude and willingness to help
Expected schedule and volunteer hours	<p>Regular hours – 8:30-15:30; not exceeding 8 hours per day; including lunch break.</p> <p>The volunteer students will be financed for 8 nights.</p> <p>The order of events is subject to change.</p> <p>Day 1 (Sunday) – Arrival</p> <p>Day 2 (Monday) – Welcome and any group or tutorial activities in the hosting University. Welcome at the Museum, introduction to the institution. Health and safety training.</p>

Day 3 to day 6 (Tuesday to Friday) – Welcome at the Museum, introduction to the institution, visit at the Main Exhibition and available temporary exhibitions. Volunteering tasks in the Programs and Cooperation Department responsible for the eyewitness histories portal.

Day 7 (Saturday) – Tour in a selected place in Gdańsk

Day 8 (Sunday) – Free day

Day 9 (Monday) – Closing Day with assessment, celebration and certificates at the hosting University. Fill the final survey.

Goals: Support the successful implementation of project activities; Contribute to creating a positive, inclusive, and engaging environment; Assist the team in delivering high-quality services to the community; Develop personal skills, knowledge, and intercultural understanding; Promote teamwork, cooperation, and active participation among all members.

Beneficiaries: Organisations and partners collaborating on the project;

The wider community benefiting from increased engagement and positive impact.

Expected competences that volunteers will develop: Intercultural communication skills; Teamwork and collaboration abilities; Problem-solving and critical-thinking skills; Adaptability and openness to new environments; Language skills in an international context; Time-management and self-discipline.

Description of tasks: Translating or transcribing video recordings/materials for the museum's portal <https://historiamowiona.muzeum1939.pl/> – eyewitness histories (English, German, Polish – translations into other languages are welcome)

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

PROGRAMME



ACE_RISE

Volunteering Activity Guide

Change yourself to change the world

The Change Yourself to Change the World programme in Spain invites volunteers to support vulnerable groups, including individuals with intellectual disabilities, the homeless, and those at risk of social exclusion. Participants will engage in diverse tasks such as teaching English, food distribution, and awareness workshops, while developing empathy, teamwork, and global citizenship.

Responsible:

Ángela Barahona Esteban,
Lorena Lobato
angela.barahona@ufv.es



Volunteering Activity Guide

QR Access Code



UFV University
Societies and Clubs
Volunteers for Social Action



ALTIUS Foundation



CESAL
Official Website



Cottolengo del Padre Alegre



UFV University
Service for the Care of People
with Special Needs



UTIS University of the Terceira
Idade de Santarem



Volunteering Activity Description

ACE_RISE Volunteering Activity Description		
Type of Volunteer Programme	(Social Impactors/Culture Hub Volunteer Programme)	Social impactors volunteer programme
Title of Volunteering Activity		Change yourself to change the world
Country of Volunteering Activity		SPAIN
Hosting University for the mobility	Name of University	UFV: Universidad Francisco de Vitoria
	Address	Carr. de Pozuelo, 800, Km. 1, 28223 Majadahonda, Madrid
Person responsible for the Volunteer Programme at Hosting University	Name of person	Ángela Barahona Esteban
	Email	angela.barahona@ufv.es
	Phone	917091424 / 1381
Organisation where the Volunteering Activity will take place	Name of Organisation	UNIDIVERSIDAD (FUNDACIÓN ONCE) VAS FUNDACIÓN ALTIUS CESAL COTTOLENGO
	Address	Madrid
Person responsible for the Volunteer at the Organisation	Name of person	Lorena Lobato
	Email	unidiversidad@ufv.es
	Phone	676403938
Start and end of Volunteering Activity (1)	Start date; end date	June 1 Monday to June 8 Monday (It can be adapted to any period and week of the year)
Maximum number of students		27 (can vary and adapt)
Required skills from volunteers (2)		<p>Personal Skills: Empathy (The ability to put oneself in another's shoes and understand their emotions), Patience (Especially important in environments with vulnerable people or in difficult situations), Commitment (Being consistent and fulfilling assigned responsibilities), Adaptability (The ability to adjust to different environments, cultures, or unexpected situations).</p> <p>Communication Skills: Active Listening (Genuinely paying attention to what others say), Clear Communication (The ability to express oneself effectively, both verbally and in writing), Teamwork (Collaborating with other volunteers and coordinators).</p> <p>Intercultural Skills: Cultural Sensitivity (Respect and understanding for other cultures), Languages (Knowledge of other languages, especially English).</p>

Expected schedule and volunteer hours

SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
10:00 to 12:00	Practice day to the general public for students. Introduction activities and exercises. Campus tour. Program explanation. Posters and distribution.	UNIVERSIDAD English classes for people with intellectual disabilities.	UNIVERSIDAD English classes for people with intellectual disabilities.	UNIVERSIDAD English classes for people with intellectual disabilities.	UNIVERSIDAD English classes for people with intellectual disabilities.			
12:00 to 14:00	Meeting with Spanish people. Meeting with coordinators. Monthly one practice for getting to know each other. The distribution will be program.	VAS Food distribution to homeless people in the center of Madrid.	CESAL Assessment meeting.	VAS Food distribution to homeless people in the center of Madrid.	CESAL Assessment meeting.	10:00 to 18:00 GOTIBANDO Care and help for the group.	FREE DAY	Closing Day with assessment, completion and certificates. Fill the final survey.
16:00 to 18:00			ALTVS Support for homeless people or those at risk of social vulnerability.	VAS Food distribution to homeless people in the center of Madrid.	ALTVS Support for homeless people or those at risk of social vulnerability.			

Goals

- Encourage contribution to the common good and society:** Promote social commitment and the active involvement of students in improving their environment.
- Contribute to the personal and professional development of volunteers:** Offer meaningful experiences that enhance skills, competencies, and values.
- Support vulnerable groups:** Provide support, resources, and activities that improve the quality of life of people at risk of exclusion.
- Strengthen the social and community fabric:** Create collaborative networks among volunteers, organisations, and beneficiaries that generate a positive and lasting impact.
- Raise awareness of social, environmental, and cultural issues:** Foster critical awareness and promote changes in attitude toward local and global challenges.
- Promote values-based education:** Promote solidarity, recognition of dignity, respect, justice, and cooperation as fundamental pillars.
- Complement the work of non-profit organizations:** Provide support with human resources and talent in areas where reinforcement or specialization is needed.
- Facilitating intercultural integration:** Promoting respect and coexistence among people of different backgrounds, cultures, and circumstances.
- Evaluating and continuously improving the impact of volunteering:** Establishing mechanisms for monitoring, evaluating, and continuously improving the programme.

Beneficiaries

People with intellectual disabilities, families at risk of social exclusion, homeless people, sick people and immigrants

Expected competences that volunteers will develop

- Personal skills:** Self-awareness: They discover their strengths, values, and areas for improvement. Empathy and social sensitivity: They learn to understand and respect realities different from their own. Responsibility and ethical commitment.
- Interpersonal skills:** Teamwork: They collaborate with diverse people, learn to coordinate and cooperate. Effective communication: They improve their ability to express themselves and listen actively.
- Cognitive skills:** Critical thinking: They analyze social problems from multiple perspectives. Creativity: They find innovative solutions to real-world challenges. Decision-making: They learn to act with sound judgment in complex contexts.
- Technical and professional skills:** Specific knowledge: Depending on the type of volunteering, they can acquire skills in education, health, technology, etc. Knowledge of the different areas of vulnerability.
- Intercultural and global skills:** Cultural sensitivity: They are enriched by interacting with people from different cultures. Languages: They practice and improve their language skills in real-world contexts. Global citizenship: They develop awareness of their role in the world and the impact of their actions.

Description of tasks:	<p>Accompaniment people with intellectual disabilities: English classes, facilitating workshops, games, and educational activities.</p> <p>Accompaniment homeless people and families at risk of social exclusion: Preparing materials, distributing food, clothing, and other resources.</p> <p>Accompaniment migrants: Awareness-raising activities, workshops, and group activities.</p> <p>Accompaniment sick people: Communicating with them, attending to their immediate needs, and conducting activities and group activities.</p>
Notes	<p>(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:</p> <p>Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organization where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).</p> <p>Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organization where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).</p> <p>Day 7 (Sunday) – Free day</p> <p>Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.</p> <p>This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.</p> <p>(2) This refers to any technical or transferable skills that the volunteer must have <i>a priori</i> to perform the defined tasks.</p>

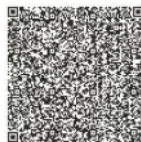
PROGRAMME



**STADT JUGENDRING
INGOLSTADT**

ACE_RISE

Volunteering Activity Guide



Youth Culture Summer

Volunteers support an inclusive movement theatre project involving 60 teenagers in creating and performing a stage production. The role includes assisting with dance and music rehearsals, managing organisational tasks, and coordinating public performances at the "neun" event hall.

Responsible:

la , Birgit Mannel-Fischer
Camila.Heller@thi.de



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Youth Culture Summer
Country of Volunteering Activity	Germany
Hosting University for the mobility	Technische Hochschule Ingolstadt Esplanade 10, 85049 Ingolstadt
Person responsible for the Volunteer Programme at Hosting University	Camila Heller Camila.Heller@thi.de 0841 93486479
Organisation where the Volunteering Activity will take place	Stadljugendring Ingolstadt Jahnstraße 25, 85049 Ingolstadt
Person responsible for the Volunteer at the Organisation	Name of person: Birgit Mannel-Fischer Email: mannel-fischer@sjr-in.de Phone: +49 173 2653321
Start and end of Volunteering Activity (1)	13 July to 17 July 2026 (Monday to Friday)
Maximum number of students	1
Required skills from volunteers (2)	- interest in performing arts - enjoy working with teenagers - communication skills - support rehearsals and organizational tasks Interest in art and arts skills would be an advantage. Responsibility, commitment, participation, and motivation.
Expected schedule and volunteer hours	09.00 -16.00
Goals	
<ul style="list-style-type: none"> - enable young people to create and perform a theatre piece - encourage artistic expression, teamwork and confidence - support smooth organisation of rehearsals and performances 	
Beneficiaries	
Participating teenagers from different schools and backgrounds of the community	
Expected competences that volunteers will develop	
<ul style="list-style-type: none"> - experience in arts education and youth work - project coordination and eventsupport skills - increased cultural sensitivity 	

Description of tasks:

The Youth Culture Summer is an integrative and inclusive movement-theatre project involving around 60 young people aged 13 to 18 from various educational institutions across Ingolstadt. During the week of 13–17 July 2026, full-day rehearsals and several public performances will take place at the "neun" event hall.

Dance rehearsals with artistic director and choreographer David Williams will already begin in March 2026. A group of young participants, under the musical direction of Tina Gronert and Sandra Isabel Knobloch, forms the accompanying band. The Youth Culture Summer is supported by a wonderful and committed team of supervisors and teachers who would be delighted to welcome someone interested in contributing to this artistic and social project!

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Cultural Roots & Community Impact: Volunteering Programme in Polovragi

Volunteers support the "Polovragi Cultural Month" and "Nedeia" festival by organising traditional workshops, guiding tourists, and assisting local artisans. This role combines event logistics with non-formal education for children, focusing on the promotion of local heritage and community development.

Responsible:

Dobrota Gabriela, David Andreea
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Cultural Roots & Community Impact: Volunteering Programme in Polovragi
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brâncuși of Târgu Jiu Address: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: Polovragi Town Hall Address: 128 Drumul lui Burebista Street, Polovragi, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: David Andreea Email: andreea.epure92@gmail.com Phone: +40761066739
Start and end of Volunteering Activity (1)	06/07/2025 - 13/07/2025 Volunteering schedule will be aligned with "Luna Culturii Polovrăgene" (Polovragi Cultural Month) and the Nedeia traditional festival.
Maximum number of students	4
Required skills from volunteers (2)	Volunteers should have: <ul style="list-style-type: none"> • Strong empathy and patience • Motivation to support children and young people, including vulnerable groups • Very good communication and active listening skills • Ability to work in a team and follow instructions from coordinators and educators • Basic knowledge of school subjects (Romanian, mathematics, foreign languages etc.) or willingness to help children at their level • Openness to creative and non-formal methods: games, arts & crafts, storytelling, role-play, etc.
Expected schedule and volunteer hours	<ul style="list-style-type: none"> • Day 1 (Monday): Welcome, orientation, introduction to the hosting university and the local coordination team. • Days 2–5 (Tuesday–Saturday): Approx. 4–6 hours/day (morning/afternoon schedule agreed with the local coordinator). Volunteers participate in cultural, educational and community activities during Polovragi Cultural Month and Nedeia Festival. • Day 7 (Saturday): Free day • Day 8 (Sunday): Final meeting, reflection, evaluation, certificates, and completion of the final survey.

Goals

The volunteering activity aims to:

- Cultural and community support — engaging volunteers in the organisation and implementation of cultural activities (festivals, fairs, workshops, performances) to promote local traditions and strengthen community participation.
- Informal and social education for children and young people — volunteers may coordinate creative workshops, traditional crafts, art/craft sessions, storytelling, games and interactive activities for local children.
- Development of social and intercultural skills — through collaboration between volunteers, the local community, artisans and artists; providing support to children and youth and facilitating dialogue between participants from diverse backgrounds.
- Logistical support and event organization — volunteers may help organize events (workshops, fairs, cultural activities, activities for children/tourists), assist with coordination, guiding, planning, communication and on-site support throughout the festival.
- Cultural promotion and awareness-raising — involving volunteers in activities that highlight traditional values, local identity and the importance of cultural heritage; facilitating intergenerational communication and offering support to vulnerable groups or those with special needs in the local community

Beneficiaries

- Direct beneficiaries:
 - Children and young people from Polovragi and the surrounding communities (including vulnerable or disadvantaged groups) — through workshops, educational, recreational, and social activities.
 - Tourists, visitors, and participants in the festival/fair — who benefit from cultural organisation, facilities, educational/recreational activities, and guided support.
 - Local artisans, artists, and the wider community — through organizational support, volunteer involvement, and cultural promotion.
- Indirect beneficiaries:
 - The broader local community of Polovragi — through increased visibility of the area, promotion of traditions, greater youth engagement, and strengthening of social ties.
 - Participating organizations (the university, NGOs, Polovragi Municipality) — through gained experience, enhanced skills in coordinating cultural projects, non-formal education, and volunteering activities.

Expected competences that volunteers will develop

- Pedagogical and non-formal education skills – planning and facilitating educational sessions and interactive workshops for children.
- Communication and interpersonal skills – adapting communication to the age and needs of children, building supportive relationships within the community.
- Intercultural and social competences – understanding the realities of local communities, vulnerable groups, the functioning of the social protection system, and collaborating effectively with both volunteers and community members.
- Emotional intelligence and resilience – managing one's own emotions and supporting children's emotions, especially in vulnerable social contexts; demonstrating respect, empathy, and responsibility.
- Teamwork – cooperating with Municipality staff, artists, artisans, educators, and other volunteers; participating in event planning and logistical support.
- Planning and organizational skills – designing cultural/educational activities, managing time and resources, coordinating events, and supporting fair/festival logistics.
- Civic responsibility and empathy – increasing awareness of cultural heritage, fostering social engagement, and recognizing volunteering as a driver of positive change.

Description of tasks:

- Participate in the organization and implementation of activities during Polovragi Cultural Month / Nedeia Festival (setting up spaces, logistics, assisting artisans, supporting the fair, orienting visitors, helping at stands, assisting during performances, etc.).
- Facilitate creative and non-formal education workshops for children and young people in Polovragi — arts & crafts, storytelling, games, dances, traditional folk art, and interactive activities.
- Provide support for vulnerable or disadvantaged children and young people — through mediation, educational, social, and emotional support, as well as recreational activities.
- Participate as volunteers in tourist and educational activities, such as guided tours or excursions for visitors/tourists (e.g., Polovragi Cave, Olte! Gorges, Polovragi Monastery), offering guidance, assistance, and promotion — given the touristic potential of the area.
- Support cultural promotion and awareness-raising activities — helping organize events, workshops, community communication, and engaging children, youth, and local residents in cultural activities.
- Engage in evaluation, reflection, and documentation — contributing to assessing the impact of activities, completing the final survey, and collecting stories, photos, or testimonials (while respecting data protection and consent procedures) for project promotion and continuity.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organization and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Brâncuși Connect: Cultural Heritage & Creative Exchange Volunteering Programme

Volunteers assist the Brâncuși Centre by organising cultural workshops, exhibitions, and heritage awareness tours. They co-facilitate creative sessions for local youth while documenting activities through photography and social media. The role focuses on promoting local cultural identity and supporting the legacy of Constantin Brâncuși.

Responsible:

Dobrota Gabriela, Alioani Nicoleta
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Brâncuși Connect: Cultural Heritage & Creative Exchange Volunteering Programme
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brâncuși of Târgu Jiu Adress: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: Centrul Brâncuși – Centrul de Cercetare, Documentare și Promovare "Constantin Brâncuși" Adress: 12A Constantin Brâncuși Street, Targu Jiu, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: Alioani Nicoleta Email: alioani.nicoleta@centrulbrancusi.ro Phone: 0733961987
Start and end of Volunteering Activity (1)	06/07/2025 – 13/07/2025
Maximum number of students	4
Required skills from volunteers (2)	<p>Volunteers should ideally be equipped with:</p> <ul style="list-style-type: none"> • Interest in culture, arts, heritage, and community engagement; • Good communication, teamwork, and interpersonal skills; • Creativity and willingness to contribute to workshops, exhibitions, cultural events; • Basic organizational skills, flexibility, openness to learn; • Respect and sensitivity toward cultural heritage, local history and community values; • (Optional but advantageous) basic knowledge or experience in arts, visual arts, theatre, music, cultural mediation, communication, social media, or event management;
Expected schedule and volunteer hours	<ul style="list-style-type: none"> • Day 1 (Monday): Welcome, orientation, presentation of Centrul Brâncuși, safety & cultural-heritage briefing. • Days 2–5 (Tuesday–Saturday): Active participation in cultural-educational activities, workshops, events planning and implementation. • Day 6 (Saturday): Free day / light schedule (optional visiting local heritage sites, reflection).

- Day 8 (Sunday): Final evaluation, reflection session, presentation of volunteer contributions, certificates, feedback / reporting.

Goals

The volunteering activity aims to:

- Support the preservation and promotion of local cultural heritage and identity through active participation in events and creative activities;
- Offer students a hands-on experience in cultural management, event planning, arts education, and community engagement;
- Foster intercultural understanding, inclusion and mutual respect across the alliance by connecting students from different backgrounds with local heritage and community;
- Strengthen the collaboration between the ACE2EU Alliance (through its Culture Hub) and local cultural institutions;
- Empower local youth, communities and visitors through inclusive cultural activities;
- Contribute to sustainable cultural development and social cohesion in Târgu Jiu and beyond.

Beneficiaries

- Direct beneficiaries: local community, youth, children, visitors participating in workshops, exhibitions, events coordinated by Centrul Brâncuși;
- Indirect beneficiaries: the Centre itself (through increased capacity, volunteer input, fresh ideas), the ACE2EU Alliance (through strengthened cultural linkages), and volunteers (students) gaining real-life experience, cultural competences, and networking opportunities.

Expected competences that volunteers will develop

By the end of the volunteering period, volunteers are expected to develop:

- Cultural-management and event-organisation skills (planning, logistics, coordination, communication);
- Creative & artistic skills — design and implementation of workshops, exhibitions, cultural-educational sessions;
- Interpersonal and intercultural communication skills — working with diverse participants, understanding cultural heritage and community needs;
- Project coordination and teamwork skills — collaborating with Centre staff, other volunteers, local partners;
- Community engagement & social inclusion competences — facilitating inclusive events, promoting cultural heritage, encouraging participation;
- Language and communication competences — writing, presenting, social media outreach, possibly multilingual communication.

Description of tasks

During the volunteering activity, volunteers will:

Preparatory & planning tasks

- Support the design and setup of cultural-educational events / workshops / exhibitions;
- Prepare materials for workshops (art supplies, posters, flyers, digital content);
- Assist in logistical tasks: scheduling, contacting participants, coordinating with local partners or schools.

Facilitation & implementation

- Co-facilitate workshops and creative sessions (visual arts, music, theatre, heritage awareness, interactive education) for children, youth or community members;
- Support guided visits or thematic tours related to local cultural heritage (for instance around works of Constantin Brâncuși in Târgu Jiu) — promoting heritage awareness and intercultural dialogue;
- Help organise cultural-educational events aiming at multicultural exchange, inclusion, and community participation.

Communication & outreach

- Assist in documenting the events (photos, video, social media posts, written summaries) respecting all necessary permissions;
- Promote events and activities through social platforms, local networks, university and cultural channels;
- Collect feedback from participants; help produce short reports, reflections or evaluation notes.

Reflection and evaluation

- Participate in regular debrief sessions with Centre staff and fellow volunteers to discuss what went well, challenges, and improvements;
- Contribute to a final volunteer report summarizing activities, results, lessons learned;
- Help plan potential longer-term follow-up activities or proposals for future events within the Culture Hub framework.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Urban Canvas: Community Art & Cultural Volunteering in Târgu Jiu

Volunteers collaborate with art teachers to revitalise Târgu Jiu's public spaces through the creation of large-scale murals and urban art projects. The role involves developing artistic concepts and applying visual techniques to enhance city aesthetics while fostering community engagement through collective creative expression.

Responsible:

Dobrota Gabriela, Negrea Cătălin Ionuț
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Urban Canvas: Community Art & Cultural Volunteering in Târgu Jiu
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brâncuși of Târgu Jiu Adress: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: "Constantin Brăiloiu" High School of Arts Adress: 34 Grivitei Street, Targu Jiu, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: Negrea Catalin Ionut Email: catanegrea@yahoo.com Phone: +40783139294
Start and end of Volunteering Activity (1)	06/07/2025 – 13/07/2025
Maximum number of students	4
Required skills from volunteers (2)	Volunteers should have the following competences: <ul style="list-style-type: none"> • Interest in art, culture, creativity, and urban regeneration • Basic artistic skills or a strong motivation to engage in visual arts activities • Openness to collaborative and guided creative processes • Ability to work in a team and follow artistic guidance from professional teachers • Responsibility and respect for public spaces • Good communication skills and intercultural openness • Willingness to engage in hands-on creative work
Expected schedule and volunteer hours	Approximately 4–6 hours per day, depending on the planned artistic activities and weather conditions. Day 1 (Monday): Welcome session, orientation, introduction to the Arts High School, safety guidelines, and presentation of the urban art project and selected public spaces. Days 2–6 (Tuesday–Saturday): 4–6 hours per day of cultural and artistic volunteering activities, which may include: <ul style="list-style-type: none"> • Developing artistic concepts and mural designs together with art teachers and students • Preparing wall surfaces and organizing materials • Painting murals in selected public spaces under professional supervision • Applying large-scale painting techniques and collaborative artistic methods • Supporting documentation of the artistic process <i>(The final daily schedule will be adapted to the artistic plan and local conditions.)</i>

Day 7 (Sunday):
Free day.
Day 8 (Monday):
Final reflection and evaluation, presentation of the artistic outcomes and lessons learned, certificate ceremony, completion of the final survey.

Goals

- Enhancing urban aesthetics by contributing to the artistic revitalization of public spaces in Târgu Jiu.
- Promoting cultural participation through collaborative public art projects involving students, teachers, and international volunteers.
- Supporting artistic education by enabling volunteers to learn from professional art teachers and applied artistic practices.
- Encouraging intercultural dialogue through collective artistic expression and teamwork.
- Strengthening the Culture Hub mission by connecting cultural education with community impact.

Beneficiaries

Direct beneficiaries

- Local community members and residents of Târgu Jiu
- Students of Liceul de Arte „Constantin Brăiloiu”
- Participating student volunteers

Indirect beneficiaries

- The Municipality and cultural stakeholders of Târgu Jiu
- Visitors and tourists
- The ACE²-EU Alliance, through visible cultural impact and good practices

Expected competences that volunteers will develop

Volunteers are expected to develop:

- Artistic and creative competences – applying visual art techniques in real urban contexts
- Non-formal learning skills – learning through practice, experimentation, and reflection
- Teamwork and collaboration – working with art teachers, students, and fellow volunteers
- Intercultural competences – engaging in multicultural creative environments
- Project-based thinking – contributing to a collective artistic concept from idea to implementation
- Civic responsibility – understanding the role of art in public spaces and community identity

Description of tasks

All activities will be carried out **under the guidance and supervision of art teachers from Liceul de Arte „Constantin Brăiloiu”**, in coordination with local authorities where required.

1. Orientation and Artistic Preparation

- Introduction to the programme, safety rules, and public art ethics
- Familiarization with the artistic concept and selected urban locations
- Discussion on themes, symbolism, and visual identity

2. Concept Development and Design

- Collaborative development of mural concepts and visual themes
- Sketching, colour selection, and composition planning
- Feedback sessions with art teachers

3. Preparation of Urban Spaces

- Preparing wall surfaces (cleaning, priming, marking outlines)
- Organizing materials and tools

4. Painting and Artistic Implementation

- Painting murals in public spaces under professional guidance
- Applying techniques suitable for large-scale urban artwork
- Collaborating in teams to ensure coherence and quality

5. Community Interaction and Cultural Engagement

- Informal interaction with community members and passers-by
- Explaining the artistic concept and purpose of the murals
- Promoting appreciation of public art

6. Documentation and Reflection

- Supporting documentation of the creative process (photos, notes)
- Participating in reflection sessions on artistic learning and community impact
- Contributing to final presentations and feedback activities

Notes

- Volunteers will not work independently and will always be supervised.
- All public artworks will be carried out with appropriate permissions.
- Safety measures and respect for public property are mandatory.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Creative Futures: Arts, Sports & Technology Volunteering at Palatul Copiilor Târgu Jiu

Volunteers assist teachers in delivering non-formal extracurricular activities for children, including music, painting, robotics, dance, and sports. The role focuses on facilitating learning, supporting creative workshops, and encouraging intercultural exchange between international students and local youth.

Responsible:

Dobrota Gabriela, Ceausu Silvana Alisa
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Creative Futures: Arts, Sports & Technology Volunteering at Palatul Copiilor Târgu Jiu
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brâncuși of Târgu Jiu Address: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: Palatul Copiilor Târgu Jiu Address: 8 Siretului Street, Targu Jiu, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: Ceausu Silvana Alisa Email: csilvanaalisa@yahoo.com Phone: +40764449879
Start and end of Volunteering Activity (1)	06/07/2025 – 13/07/2025
Maximum number of students	4
Required skills from volunteers (2)	<p>Mandatory requirements for volunteers:</p> <ul style="list-style-type: none"> A criminal record certificate showing that the applicant has not committed acts of violence or other serious offenses. <p>Required Competences:</p> <ul style="list-style-type: none"> Interest in culture, arts, sports, education, and youth work Motivation to work with children in a non-formal educational environment Good communication and interpersonal skills Creativity and openness to teaching and learning through practice Ability to work in a team alongside teachers and educators Patience, responsibility, and adaptability (Optional, but an advantage) basic skills or interest in one or more of the following areas: <ul style="list-style-type: none"> Music Painting / visual arts Robotics / technology Dance / gymnastics Sports and physical activities
Expected schedule and volunteer hours	<p>Approximately 4–6 hours/day, depending on activity planning.</p> <p>Day 1 (Monday): Welcome, orientation, introduction to Palatul Copiilor Târgu Jiu and its educational areas (music, visual arts, robotics, dance/gymnastics, sports).</p>

	<p>Days 2–6 (Tuesday–Saturday): 4–6 hours/day of non-formal educational and cultural volunteering activities, which may include:</p> <ul style="list-style-type: none"> • Supporting music activities (rhythm, singing, basic instrumental exercises) • Assisting painting and visual arts workshops • Participating in robotics and technology activities alongside teachers • Supporting dance and gymnastics sessions • Assisting in sports and physical education activities <p><i>(Volunteers work alongside teachers, helping children learn, practice, and participate.)</i></p> <p>Day 7 (Sunday): Free day.</p> <p>Day 8 (Monday): Final reflection, evaluation, short presentation of volunteer activities, certificate ceremony, final survey.</p>
<p>Goals</p> <ul style="list-style-type: none"> • Promote cultural and creative education by supporting extracurricular activities for children in music, arts, sports, dance, and technology. • Encourage intercultural exchange between international students and local children through shared learning and creative expression. • Support non-formal education by involving student volunteers as learning facilitators alongside professional teachers. • Enhance children's skills and confidence through interactive, participatory activities. • Strengthen collaboration between ACE²-EU Alliance and local educational - cultural institutions. • Provide meaningful volunteering experience for students in youth education, creativity, and cultural engagement. 	
<p>Beneficiaries</p> <p>Direct beneficiaries</p> <ul style="list-style-type: none"> • Children enrolled at Palatul Copiilor Târgu Jiu • Student volunteers participating in the Culture Hub programme • Teachers and educators at Palatul Copiilor (through additional support and intercultural interaction) <p>Indirect beneficiaries</p> <ul style="list-style-type: none"> • Families of participating children • The local community of Târgu Jiu • The ACE²-EU Alliance, through strengthened cultural partnerships and good practices in non-formal education 	
<p>Expected competences that volunteers will develop</p> <p>Volunteers are expected to develop:</p> <ul style="list-style-type: none"> • Pedagogical and non-formal education skills – supporting and facilitating learning activities for children • Communication and facilitation skills – adapting explanations to children's ages and abilities • Intercultural competences – working in a multicultural educational environment • Creativity and artistic expression – through music, painting, dance, and creative workshops • Teamwork and collaboration – working alongside teachers, educators, and other volunteers • Leadership and responsibility – guiding small groups of children in structured activities • Basic teaching and mentoring skills 	

Description of tasks

During the volunteering activity, volunteers will:

Orientation and Preparation

- Participate in an introduction to Palatul Copiilor Târgu Jiu, its mission, rules, and educational approach
- Become familiar with the activity schedule and safety guidelines
- Coordinate with teachers regarding lesson plans and group structure

Educational & Creative Activities with Children

Volunteers will assist teachers and educators in delivering non-formal activities, such as:

- Music activities: rhythm exercises, singing, basic music practice, creative sound exploration
- Painting & visual arts: drawing, painting, creative expression, collaborative art projects
- Robotics & technology: basic robotics activities, assembling simple models, logical thinking games
- Dance & gymnastics: movement coordination, basic routines, expressive movement
- Sports activities: team games, physical exercises, coordination and fair-play activities
- Volunteers may co-facilitate sessions, demonstrate activities, support individual children, and encourage participation.

Support & Interaction

- Offer encouragement, motivation, and positive feedback to children
- Support inclusion and participation of all children, respecting different learning rhythms
- Assist in organizing materials and preparing activity spaces

Reflection, Documentation & Evaluation

- Participate in daily reflection meetings with teachers and coordinators
- Contribute to short feedback notes or reflection reports
- Support documentation activities (photos, short descriptions), respecting consent and child protection rules

*Notes

- Volunteers will not replace teachers, but work alongside them as educational support.
- All activities will follow Palatul Copiilor regulations regarding child protection and safety.
- The final activity schedule may be adapted based on children's age groups and available facilities.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).



Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Event Coordinator Assistant 1 at Cultural Quarter Paraugtipogrāfija Event Coordinator Assistant 2 at Cultural Quarter Paraugtipogrāfija

Volunteers support the management of the Lastadija Cultural Quarter by coordinating events and assisting with on-site logistics and digital tools. This role focuses on maintaining a vibrant cultural hub through multitasking, communication, and physical event setup.

Responsible:

Asnāte Kalēja, Kate Irbe Kazaka
asnate.kaleja@lka.edu.lv



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub
Title of Volunteering Activity	Event Coordinator Assistant 1 at Cultural Quarter Paraugtipogrāfija Event Coordinator Assistant 2 at Cultural Quarter Paraugtipogrāfija
Country of Volunteering Activity	Latvia
Hosting University for the mobility	Latvian Academy of Culture Miera street 58a, Riga
Person responsible for the Volunteer Programme at Hosting University	Asnāte Kalēja asnate.kaleja@lka.edu.lv +371 29373288
Organisation where the Volunteering Activity will take place	NGO Free Riga Cultural quarter Paraugtipogrāfija, Karla Milenbaha street 12, Riga, LV-1050
Person responsible for the Volunteer at the Organisation	Kate Irbe Kazaka kate.irbe@freeriga.lv +37126674487
Start and end of Volunteering Activity (1)	Event Coordinator Assistant 1: 25.05.2026.-01.06.2026 Event Coordinator Assistant 2: 24.08.2026-31.08.2026
Maximum number of students	4 (2 for each position)
Required skills from volunteers (2)	<p>For Event Coordinator Assistant 1</p> <p>Basic understanding of terminology in Latvian/English, communication skills in the English language.</p> <p>Basic knowledge and capacity to use software like Office Word, Excel, E-mail, and Airtable or Asana, editing software like Canva;</p> <p>Capacity to plan coordinating steps and work schedule;</p> <p>Capacity to multitask and communicate with multiple team members and parties.</p> <p>For Event Coordinator Assistant 2</p> <p>Basic understanding of terminology in Latvian/English, communication skills in the English language;</p> <p>Communication skills and emotional intelligence to manage crowds and problem situations;</p> <p>Capacity to multitask and communicate with multiple team members and parties;</p> <p>Physical strength to carry heavier items;</p> <p>Knowledge for working with basic work instruments like screwdrivers.</p>

Expected schedule and volunteer hours	4 to 6 hours per day, depending on the tasks at hand; From 10.00 to 23.00; 5 to 6 days.
Goals	The goal is to experience a fully packed week of event coordinating, from planning to final performance and reports.
Beneficiaries	Direct beneficiaries would be the cultural quarter itself, outsourced and on-site event curators, as well as quarter residents, as the voluntary worker will significantly raise the human resource capacity for the limited event team.
Expected competences that volunteers will develop	Volunteers will develop multifaceted skills in local event planning, team coordinating, and communication with partners and the team. Gained competences will include knowledge of local legislation, basics of public event curating, coordinating teams and individuals, their tasks, as well as professional communication with event curators, and tailoring the basic knowledge to their needs/wants.
Description of tasks:	<p>For Event Coordinator Assistant 1</p> <p>Event coordination (licensing and insurance, coordinating with Riga City Council); Event team planning and division of tasks, communication with quarters residents; Decoration and needs planning — information gathering, preparation of material lists; Support on the day of the event with light tasks: security, information for visitors, supervision, entrance, photography; After the event — report writing; (license report, photos, short overview of what went well and what could be improved), rapport building with the included parties.</p> <p>For Event Coordinator Assistant 2</p> <p>Full involvement in event preparation: event space set-up, decoration placement, technical equipment (sound, lighting, furniture) support work. Transporting, placing, arranging materials and furniture; physical assistance on-site at the event. Assistance during the event with logistical tasks: equipment monitoring, adherence to time schedules, cooperation with suppliers, coordination of guest flows and employee movements. Returning/storing physical materials after the event, cleaning the premises; checking inventory and preparing reports on losses or deviations.</p>
Notes	<p>(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:</p> <p>Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).</p> <p>Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).</p> <p>Day 7 (Sunday) – Free day</p> <p>Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.</p> <p>This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.</p> <p>(2) This refers to any technical or transferable skills that the volunteer must have <i>a priori</i> to perform the defined tasks.</p>

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Contemporary circus and street art festival RE RĪGA! Volunteer

Volunteers assist in the on-site coordination and audience support of the RE RĪGA! contemporary circus and street art festival, gaining hands-on experience in cultural event production.

Responsible:

Asnāte Kalēja, Mārtiņš Ķibers
asnate.kaleja@lka.edu.lv



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub
Title of Volunteering Activity	Contemporary circus and street art festival RE RĪGA! Volunteer
Country of Volunteering Activity	Latvia
Hosting University for the mobility	Latvian Academy of Culture Miera street 58a, Riga
Person responsible for the Volunteer Programme at Hosting University	Asnāte Kalēja asnate.kaleja@lka.edu.lv +371 29373288
Organisation where the Volunteering Activity will take place	NGO "Pievilcīgās pilsētlvides biedrība" Address: Hanzas street 4-28, Riga, LV-1010
Person responsible for the Volunteer at the Organisation	Name of person: Mārtiņš Ķibers Email: martins@reriga.lv Phone: +371 29 511 711
Start and end of Volunteering Activity (1)	10.08.2026. – 17.08.2026.
Maximum number of students	2
Required skills from volunteers (2)	Very good English (written and spoken); excellent communication skills; readiness to commit to practical tasks.
Expected schedule and volunteer hours	Approx. 4–8h per day. On festival days (11/08–15/08) 8h+.
Goals	<ol style="list-style-type: none"> 1. Support the smooth, safe and welcoming implementation of the contemporary circus and street art festival RE RĪGA!. 2. Ensure a meaningful non-formal learning opportunities through real festival work. 3. Promote international and intercultural dialogue between local volunteers, visiting artists and audiences. 4. Offer volunteers a first (or deeper) experience of working in cultural and event production.
Beneficiaries	<p>Direct beneficiaries:</p> <ol style="list-style-type: none"> 1. Volunteers themselves. 2. Festival visitors / audience. 3. Artists and artistic teams. 4. The festival organisation . <p>Indirect beneficiaries:</p> <ol style="list-style-type: none"> 1. Local community. 2. Local cultural sector.
Expected competences that volunteers will develop	

Expected competences that volunteers will develop

1. Personal and social competences:
 - 1.1. Sense of responsibility and reliability (arriving on time, completing tasks, taking care of festival resources).
 - 1.2. Teamwork and collaboration in a diverse international group.
 - 1.3. Communication skills (listening, giving clear information, polite interaction with audiences and artists).
 - 1.4. Conflict prevention and basic problem-solving in stressful situations.
 - 1.5. Self-organisation and time management during busy festival days.
2. Civic and cultural competences:
 - 2.1. Understanding of how a cultural event (circus festival) is produced and managed.
 - 2.2. Awareness of cultural diversity and intercultural dialogue (meeting artists and audiences from different countries).
3. Linguistic competences:
 - 3.1. Practice using the English language.
 - 3.2. Confidence in speaking with strangers and giving information orally.
4. Practical and digital competences:
 - 4.1. Basic event logistics (crowd flow, queue management, access control, ticket checking).
 - 4.2. Use of simple digital tools (messaging apps, shared schedules, possibly ticketing systems or social media content support).
 - 4.3. Basic safety and emergency awareness (knowing procedures, who to call, how to react).
5. Green and sustainability competences:
 - 5.1. Understanding of waste sorting and eco-friendly practices at events.
 - 5.2. Encouraging others to behave responsibly regarding waste, energy use and public space.

Description of tasks:

1. Audience & Front-of-House Support:
 - 1.1. Welcome visitors at entrances and information points.
 - 1.2. Provide basic information about programme, locations, language of shows, durations, age recommendations.
 - 1.3. Help with ticket control and checking passes (under staff supervision).
 - 1.4. Guide the audience to seats, exits, toilets, etc.
 - 1.5. Support crowd management before and after shows (managing queues, opening doors, directing people).
 - 1.6. Assist families, children, elderly visitors and people with disabilities (e.g. guiding, finding seats).
 - 1.7. Distribute festival brochures and feedback forms.
2. Artist & Production Support:
 - 2.1. Welcome artists / companies on arrival, show them around venues (rehearsal spaces, dressing rooms).
 - 2.2. Support communication between artists and festival coordination (e.g. passing messages, helping with schedules).
 - 2.3. Assist with small, non technical preparations of venues (setting chairs, preparing backstage areas) under supervision.
 - 2.4. Help with snacks / water for artists in agreed areas, respecting dietary needs and privacy.

3. Logistics & Set-up / Take-down:
 - 3.1. Help prepare outdoor and indoor spaces: putting up signage, banners, info boards.
 - 3.2. Arrange and rearrange seating and crowd control barriers (within safe limits).
 - 3.3. Help keep venues tidy: collecting rubbish, checking that public areas look welcoming.
4. Communication & Audience Engagement:
 - 4.1. Support social media team (e.g. taking photos with mobile phones, short texts or quotes from visitors).
 - 4.2. Inform visitors about changes in the programme, delays or special events.
 - 4.3. Assist at info stands, sharing flyers and explaining activities.
5. Sustainability & Accessibility Support:
 - 5.1. Encourage guests to sort waste correctly and use reusable cups or bottles if provided.
 - 5.2. Help keep green areas clean during and after events.
 - 5.3. Support implementation of accessibility measures (e.g. reserving seats, guiding people to accessible toilets).

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Culture unites, not divides

Volunteers support the Samylai Cultural centre in Kaunas by planning events, creating digital content, and designing scenography. This role fosters intercultural exchange and community engagement through creative tasks, photography, and the promotion of local heritage.

Responsible:

Valda Gudynaitė-Franckevičienė,
Jolanta Sidabriene
valda.gudynaite-franckeviciene@lik.tech



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Culture unites, not divides
Country of Volunteering Activity	Lithuania
Hosting University for the mobility	Lietuvos inžinerijos kolegija (LIK) Tvirtovės al. 35, LT-50155 Kaunas
Person responsible for the Volunteer Programme at Hosting University	Valda Gudynaitė-Franckevičienė valda.gudynaite-franckeviciene@lik.tech +37060089389
Organisation where the Volunteering Activity will take place	Kauno rajono Samylų kultūros centras (Cultural center of Samylai eldership) J.Biliūno g. 106, Šlienava, LT53144 Kauno r. Lietuva
Person responsible for the Volunteer at the Organisation	Jolanta Sidabrienė samylaikc@gmail.com +370 686 63977
Start and end of Volunteering Activity (1)	Start date: 28 th of August; end date: 5 th of September 2026
Maximum number of students	4
Required skills from volunteers (2)	Responsibility, commitment, participation, and motivation. Artistic, photography, arts skills would be an advantage.
Expected schedule and volunteer hours	4-5 hours per day. Exact time schedule will be clear on first day of arrival.
Goals	<p>Promote greater knowledge of the institution's history and heritage.</p> <ul style="list-style-type: none"> To promote knowledge of different cultures and traditions through different activities, education, crafting, training etc. Encourage partnerships with various community entities. Create new dynamics and initiatives in volunteering.
Beneficiaries	Community of Samylai eldership and Kaunas district
Expected competences that volunteers will develop:	Event Planning & Scenography Skills, Communication & Promotional Competence Skills in promoting events through different channels, Creative & Artistic Competence, Multimedia Production & Digital Content Skills, Photography and videography skills, Editing and preparing visual

material for social media and press, Intercultural Competence, Teamwork & Collaboration, Organizational & Time-Management Skills.

Description of tasks:

Two events are planned during the visit, during which students have to:

1. Prepare the event scenography together with the team
2. Contribute to the dissemination and advertising of the events
3. Prepare the atmosphere for the event
4. Capture the moments of the events - photographing, filming and preparing various visual materials for social networks and media
5. There is an opportunity to present your country, traditions, activities, conduct education, your talents, etc. – to get your time for entertainment

The student is expected not only to complete the tasks, but also to be initiative and creative.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

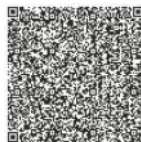
PROGRAMME



**STADT JUGENDRING
INGOLSTADT**

ACE_RISE

Volunteering Activity Guide



Holiday Programme: Stage UP! Musical Workshop

Volunteers support musical theatre instructors in teaching dance, acting, and singing to children, fostering their confidence and stage skills. This role involves assisting with workshop activities, organising games during breaks, and managing food distribution.

Responsible:

Camila Heller, Isabelle Hermann
Camila.Heller@thi.de



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	(Social Impactors/Culture Hub Volunteer Programme)
Title of Volunteering Activity	Holiday Programme: Hut Village
Country of Volunteering Activity	Germany
Hosting University for the mobility	Technische Hochschule Ingolstadt Esplanade 10, 85049 Ingolstadt
Person responsible for the Volunteer Programme at Hosting University	Camila Heller Camila.Heller@thi.de 0841 93486479
Organisation where the Volunteering Activity will take place	Stadtjugendring Ingolstadt Jahnstraße 25, 85049 Ingolstadt
Person responsible for the Volunteer at the Organisation	Name of person: Juliane Eißler Email: eisler@sjr-in.de Phone: +49 173 8982784
Start and end of Volunteering Activity (1)	26 May to 30 May 2026 (Tuesday to Saturday)
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - enjoy working with children - basic crafting or DIY skills - patience and creativity - teamwork and reliability - supervise children safely Responsibility, commitment, participation, and motivation.
Expected schedule and volunteer hours	08.30 - 16.30
Goals <ul style="list-style-type: none"> - support children in building their own wooden huts - foster teamwork - provide a safe and fun outdoor holiday experience 	
Beneficiaries <p>Children participating in the holiday programme.</p>	
Expected competences that volunteers will develop <ul style="list-style-type: none"> - practical skills in child supervision - basic construction and outdoor activity organisation - communication and teamwork - conflict resolution skills 	

Description of tasks:

During this week-long programme, children build their own little hut village. Under guidance, they construct sturdy huts made from single-use pallets, wood and nails – complete with a roof, floor and at least four walls. From Friday evening to Saturday, the children stay overnight in the huts, and of course, a farewell party is celebrated as well. On Saturday morning, parents are invited to join for breakfast and the demolition party. The Hut Village takes place at the Youth Education Centre by the lake and is a cooperative project between the play bus team and the environmental education centre of the Ingolstadt Youth Council.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Museum of the Second World War_Eyewitness Histories II

Volunteers transcribe and translate video testimonies for the museum's digital portal to help preserve eyewitness accounts of history. This activity enhances writing and linguistic skills while contributing to the global accessibility of historical narratives.

Responsible:

Izabela Kowalczyk-Dec,
ikowalczyk@gumed.edu.pl
Patrycja Maszka-Stankiewicz
patrycja.maszka-stankiewicz@gumed.edu.pl



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme for Medical University of Gdańsk (MUG)
Title of Volunteering Activity	Museum of the Second World War Eyewitness Histories II
Country of Volunteering Activity	Poland
Hosting University for the mobility	Medical University of Gdańsk Address: Poland, Gdańsk 80-210, M. Skłodowskiej-Curie 3a
Persons responsible for the Volunteer Programme at Hosting University	
Organisation where the Volunteering Activity will take place	Name of Organisation: Museum of the Second World War pl. W. Bartoszewskiego 1, 80-862 Gdańsk, Poland phone: +48 58 760 09 60, info@muzeum1939.pl
Person responsible for the Volunteer at the Organisation	Mrs. Ewa Wierzbowska, e-mail: ew.wierzbowska@muzeum1939.pl, +48 58 323-75-37
Start and end of Volunteering Activity (1)	Arrival day 13.09 , start date 14.09, and end date 19.09 departure day 21.09
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - English language – level B2 - Communication skills - Strong writing skills - Ability to work in a team and individually - Basic organizational and time-management abilities - Reliability and commitment to assigned tasks - Positive attitude and willingness to help
Expected schedule and volunteer hours	<p>Regular hours – 8:30-15:30; not exceeding 8 hours per day; including lunch break.</p> <p>The volunteer students will be financed for 8 nights.</p> <p>Day 1 (Sunday) – Arrival</p> <p>Day 2 (Monday) – Welcome and any group or tutorial activities in the hosting University. Welcome at the Museum, introduction to the institution. Health and safety training.</p>

Day 3 to day 6 (Tuesday to Friday) – Visit at the Main Exhibition and available temporary exhibitions. Volunteering tasks in the Programs and Cooperation Department responsible for the eyewitness histories portal.

Day 7 (Saturday) – Tour in a selected place in Gdańsk

Day 8 (Sunday) – Free day

Day 9 (Monday) – Closing Day with assessment, celebration and certificates at the hosting University. Fill the final survey.

Goals: Support the successful implementation of project activities; Contribute to creating a positive, inclusive, and engaging environment; Assist the team in delivering high-quality services to the community; Develop personal skills, knowledge, and intercultural understanding; Promote teamwork, cooperation, and active participation among all members.

Beneficiaries: Organisations and partners collaborating on the project;

The wider community benefiting from increased engagement and positive impact.

Expected competences that volunteers will develop: Intercultural communication skills; Teamwork and collaboration abilities; Problem-solving and critical-thinking skills; Adaptability and openness to new environments; Language skills in an international context; Time-management and self-discipline.

Description of tasks: Translating or transcribing video recordings/materials for the museum's portal <https://historiamowiona.muzeum1939.pl/> – eyewitness histories (English, German, Polish – translations into other languages are welcome)

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Filling the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Reviving Forgotten Heritage: Mapping and Activation of Tourist and Historical Sites in Stip

Volunteers engage in researching and mapping neglected historical sites in North Macedonia, supporting heritage revitalisation and sustainable tourism initiatives.

Responsible:

Daniela Koceva, Marija Gogova
Samonikov, Vishna Shorova
daniela.koceva@ugd.edu.mk
marija.gogova@ugd.edu.mk



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors/Culture Hub Volunteer Programme
Title of Volunteering Activity	Reviving Forgotten Heritage: Mapping and Activation of Tourist and Historical Sites in Stip
Country of Volunteering Activity	North Macedonia
Hosting University for the mobility	Goce Delcev University Address: Krste Misirkov 10-A, 2000 Stip, North Macedonia
Person responsible for the Volunteer Programme at Hosting University	Name of person: Daniela Koceva & Marija Gogova Samonikov Email: daniela.koceva@ugd.edu.mk marija.gogova@ugd.edu.mk Phone +389 78 293 257, +389 75 499 807
Organisation where the Volunteering Activity will take place	Name of Organisation: <ol style="list-style-type: none"> Local Self-Government of Stip – Department for Tourism Address: Vasil Glavinov, 45 2000 Stip, North Macedonia National Institution Institute for the Protection of Cultural Monuments and Museum – Stip Address: Kej Marshal Tito 2, Stip 2000 North Macedonia
Person responsible for the Volunteer at the Organisation	Name of person: Vishna Shorova Email: vishna.sorova@gmail.com Phone: +389 78 472 633 Name of person: Marija Prickova Miteva Email: marija_prickova@yahoo.com Phone: +389 78 899 765
Start and end of Volunteering Activity (1)	19 April ; end date: 26 April , 2026
Maximum number of students	6 (4 International + 2 from UGD)
Required skills from volunteers (2)	<p>Personal and transferable skills:</p> <ul style="list-style-type: none"> • Interest in culture, heritage, tourism, and local and economic development • Responsibility and commitment • Ability to work in teams • Communication and presentation skills • Openness to fieldwork and community engagement <p>Technical/basic skills:</p> <ul style="list-style-type: none"> • Basic research and analytical skills • Digital literacy (maps, presentations, photography, documentation) <p><i>No previous professional experience is required.</i></p>

Expected schedule and volunteer hours

6 – 8 hours per day

Combination of:

- fieldwork
- desk research
- teamwork and analysis
- preparation of project outputs

Goals

To identify, research, and map neglected or underutilized historical and cultural sites in the city of Štip:

- To contribute to the revitalization of local cultural heritage and sustainable tourism development;
- To support the Local Self-Government of Štip in tourism planning and heritage valorization;
- To strengthen students' civic engagement and sense of social responsibility;
- To connect academic knowledge with real local community needs;
- To promote youth participation in local development processes .

Beneficiaries

- Local Self-Government of Štip
- Citizens of Štip
- Tourists and visitors
- Cultural and historical institutions
- Students participating as volunteers

Expected competences that volunteers will develop

- Research and analytical competencies
- Practical experience in cultural and urban tourism
- Critical thinking and problem-solving skills
- Teamwork and project-based collaboration
- Public presentation and communication skills
- Civic engagement and understanding of local governance
- Awareness of sustainable development and cultural heritage protection

Description of tasks:

Day 1 – Welcome and Orientation

- Welcome session at the Local Self-Government of Štip
- Introduction to the Department for Tourism and its activities
- Presentation of the volunteering objectives and methodology
- Division into working teams

Days 2 – 4 – Field Research and Mapping

- Identification of:
 - neglected historical sites
 - forgotten cultural landmarks
 - locations with tourism potential
- Field visits and on-site observation
- Photo documentation
- Collection of historical, cultural, and spatial data
- Cooperation with local institutions and available archives

Days 5

- Analysis of collected data
- Development of:

- mapping materials
- proposals for site marking and information boards
- short project ideas for revitalization and tourism activation
- Preparation of visual and presentation materials

Day 7 – Final Presentations and Evaluation

- Presentation of results to:
 - representatives of the Local Self-Government of Stip
 - university representatives
- Discussion and feedback session
- Evaluation of the volunteering activity
- Closing session and certificate awarding

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example, morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – free day

Day 8 (Monday) - Closing Day with assessment, celebration, and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Let's Bring Life

Volunteers support the well-being of older adults in Santarém by reorganising residential spaces and creating leisure areas like outdoor gardens. The programme fosters intergenerational cooperation and social humanisation through direct interaction and the implementation of practical intervention activities.

Responsible:

Paula Pinto, Team: Edite Duarte,
Ana Filipa Oliveira
Paula.pinto@esa.ipsantarem.pt



ACE_RISE Volunteer Programme_SCMS – Social well-being

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors Volunteer Programme – Social Well-being
Title of Volunteering Activity	Let's Bring Life
Country of Volunteering Activity	Portugal
Hosting University for the mobility	Name of University: Santarem Polytechnic University (IPS) Adress: Complexo Andaluz, Apartado 279, 2001-904 Santarém
Person responsible for the Volunteer Programme at Hosting University	Paula Pinto; paula.pinto@esa.ipsantarem.pt ; +351 963056556 Team: Edite Duarte; edite.duarte@sc.ipsantarem.pt ; Ana Filipa Oliveira; ana.oliveira@ese.ipsantarem.pt
Organisation where the Volunteering Activity will take place	Name of Organisation: Santa casa da Misericórdia de Santarém (SCMS) Adress: Av. dos Combatentes, nº 1, 2005-361 Santarém, Portugal
Person responsible for the Volunteer at the Organisation	Mafalda Monteiro; mafalda.monteiro@scms.pt ; +351 969 646 900
Start and end of Volunteering Activity (1)	Start date: April 12; end date: April 19 , 2026
Maximum number of students	6 volunteers (4 international + 2 from IPS)
Required skills from volunteers (2)	Responsibility, commitment, participation, and motivation for the different areas proposed within this project.
Expected schedule and volunteer hours	Monday 13 to Friday 17 ; 10:00 to 12:30 and 14:00 to 17:30.
Goals	<ul style="list-style-type: none"> Promote cooperation and mutual support activities between students and older adults. Promote the construction and (re)organization of external and internal spaces in the Residential Structure for Older People (ERPI). Foster greater understanding of intervention practices with older adults.
Beneficiaries:	Older adults.
Expected competences that volunteers will develop:	Promote humanization among volunteers, particularly through interaction with more vulnerable groups. Foster citizenship through participation, assistance, and cooperation with people, the institution, and the community.
Description of tasks:	Volunteers, together with the older adults living in the ERPI, will reorganize their external and/or internal spaces, for example, set up an outside garden and/or other areas of leisure. In addition to these activities, students will take part in other tasks considered relevant for their integration and participation. Sunday 12 – arrival day Monday, 13 – Morning - welcome in IPS, group activities with students from the host university; Afternoon – welcome in SCMS. 14 to 17 – activities in the Residential Structure for Older People. 17 – closing ceremony in IPS. 18 – free day 19 – leaving day

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Volunteer for Senior Wellness and Engagement Activities

Volunteers engage seniors in social, creative, and light physical activities in Riga, supporting their well-being and social connection while gaining meaningful experience in elderly care.

Responsible:

Asnāte Kalēja, Laura Bulmane
asnate.kaleja@lka.edu.lv



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors
Title of Volunteering Activity	Volunteer for Senior Wellness and Engagement Activities.
Country of Volunteering Activity	Latvia
Hosting University for the mobility	Latvian Academy of Culture Miera street 58a, Riga
Person responsible for the Volunteer Programme at Hosting University	Asnāte Kalēja asnate.kaleja@lka.edu.lv +371 29373288
Organisation where the Volunteering Activity will take place	Samaritan Organisation of Latvia Katoļu street 22 and/or Ieriķu street 28, Riga
Person responsible for the Volunteer at the Organisation	Laura Bulmane laura.bulmane@samariesi.lv +371 2633 7921
Start and end of Volunteering Activity (1)	13.04.2026. - 20.04.2026
Maximum number of students	4
Required skills from volunteers (2)	Good communication skills, especially when dealing with the elderly. Empathy and compassion.
Expected schedule and volunteer hours	Different tasks and activities during day 2, lasting 2-3 hrs each (including preparation, set up and clean up time)
Goals	
<p>Staying active and engaged can make a big difference as to how we feel physically, mentally, and socially. By engaging in social and creative activities, the elderly can improve their mental and physical health, reduce loneliness, and maintain independence. These activities boost cognitive function, combat depression and anxiety, improve motor skills, and provide a renewed sense of purpose and connection with their relatives and more so with the communities.</p> <p>Main beneficiaries are seniors and/ or people with functional disabilities.</p>	
Expected competences that volunteers will develop	
<p>Volunteering with older adults offers significant benefits, like improved physical and mental health for both the volunteer and the senior, and enhances social connections for both parties. Young volunteers will develop life skills like empathy and patience, gaining wisdom from life experiences, and building meaningful connections. Interacting with seniors also provides a sense of purpose, boosts confidence, and can lead to improved academic and social outcomes.</p>	
Description of tasks:	
<p>Depending on the available volunteer groups, a selection of activities of interest for both seniors and young volunteers will be offered, like</p> <ul style="list-style-type: none"> -Activities – table games (bingo, cards, chess, or novus). -Creative activities adapted to the skills and capabilities of the seniors, like decorations for the elderly care home. -Physical activities tailored to the interests and capabilities of the elderly and people with functional disorders. 	

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Activism in Practice: Queer Community Volunteer Experience

Volunteers support LGBTQIA+ community activism in Riga by assisting with logistics, content creation, and preparations for upcoming Riga Pride events. Participants engage in non-formal learning and inclusive workshops to strengthen cross-cultural exchange and promote queer rights and visibility in Latvia.

Responsible:

Asnāte Kalēja, Cathy Manousaki
asnate.kaleja@lka.edu.lv



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors
Title of Volunteering Activity	Activism in Practice: Queer Community Volunteer Experience
Country of Volunteering Activity	Latvia
Hosting University for the mobility	Latvian Academy of Culture Miera street 58a, Riga
Person responsible for the Volunteer Programme at Hosting University	Asnāte Kalēja asnate.kaleja@lka.edu.lv +371 29373288
Organisation where the Volunteering Activity will take place	Active Rainbow Biedrība LGBT House, Stabu street 19-2, Centra rajons, Riga, LV-1011.
Person responsible for the Volunteer at the Organisation	Cathy Manousaki (they/them) info.activerainbow@gmail.com +371 27167770
Start and end of Volunteering Activity (1)	Arrival day 10.05, start date 11.05 and end date 18.05, departure day 19.05.
Maximum number of students	2
Required skills from volunteers (2)	<p>Those who would like to join us for the volunteering week, we seek that they have:</p> <p>Motivation to work with LGBTQIA+/Queer communities A genuine interest in queer rights, inclusion, non-formal education and community activism.</p> <p>Openness & willingness to learn Since it's a short stay, curiosity and readiness to engage are more important than deep expertise.</p> <p>Teamwork & collaboration Ability to work in small groups, support staff, and participate in collective tasks.</p> <p>Basic communication skills Comfort communicating in English, asking questions, and collaborating.</p> <p>Respectful, inclusive attitude Understanding of diversity, confidentiality, and safer and braver space principles.</p>

	<p>Respectful, inclusive attitude Understanding of diversity, confidentiality, and safer and braver space principles.</p> <p>Event support skills Helping with logistics, preparation, setup for events during that week, and preparation for upcoming events which would be related with the organisation of Riga Pride.</p> <p>Creativity Ability to contribute to content creation online (social media, photography, video making) for promotion and visibility.</p> <p>Basic digital literacy Using Google Docs, email, messaging apps, or simple design tools (e.g., Canva).</p> <p>Cultural awareness Sensitivity to local context and queer history in Latvia / the Baltics (participants don't need to know this beforehand, but should be open to learning).</p>
<p>Expected schedule and volunteer hours</p>	<p>The organisation usually works between the timeframe 10:00 - 17:00. If there is an event hosted in the afternoon hours, then the schedule shifts with starting later during the day and finishing in the evening. So 6h per day, including the lunch break.</p>
<p>Goals - main goals include:</p> <ul style="list-style-type: none"> - Support Event, projects and Riga Pride preparations (materials, logistics, content creation for promotion, etc). - Engage in non-formal learning activities and contribute to inclusive workshops. (during that week there will be accordingly local events taking place). - Assist with community activism tasks to promote LGBTQIA+/Queer rights and visibility. - Strengthen cross-cultural exchange and be part of a queer NGO and experience a week of its actions and activities. 	
<p>Beneficiaries</p> <ul style="list-style-type: none"> - Volunteers themselves, whether they are part of the LGBTQIA+ community or allies, they get hands-on experience with being part of a queer NGO working on non-formal education, youth work and activism, thus gaining new competencies. - Our organization, through welcoming new volunteers, will include themselves in the processes and be part of our intercultural and intersectional team, and we will receive additional support, learn and grow alongside the students and what they will bring to share and contribute. - Our community members, local youth and activists, who are part of the queer community, will be able to meet, interact and exchange knowledge, and experiences with the volunteers, and experience improved events and visibility of queer activities in Latvia and in Riga. - Local partner organizations with whom the organisation cooperates on a daily basis. Accordingly to that week and the activities (local events and preparations), the volunteer 	

work will contribute to the activities of Riga Pride and more, with opportunities to meet fellow local colleagues and activists.

Expected competences that volunteers will develop

LGBTQIA+/Queer activism in Latvia, gaining knowledge and insights about the current reality of LGBTQIA+ rights in the country, understanding community needs, and contributing in event organising. Within the week, it will be a very brief taste of the daily youth work that the hosting organisation does.

Intercultural awareness and communication, becoming a part of a diverse team and community, and navigating the different cultures each one brings (personal culture, queer culture, country's culture and more).

Teamwork & collaboration, supporting group tasks, coordinating with staff and other volunteers.

Non-formal education skills, experiencing workshop methods, and inclusive learning practices. Activism through non-formal learning is the main approach of the hosting organisation.

Content creation, self-expressing, collaborating and releasing creativity with creating basic content using what one has to create content material for promotion and visibility (through photography, video making and social media).

Organisational & event-support skills, assisting with planning, preparing materials, and managing small tasks.

Description of tasks: Briefly: **Assist with preparations for events/projects**: helping with logistics, materials creation, content creation related to the events during that week and/or events and projects that will be taking place afterwards.

Support community activities: participating in the meetups, workshops, and/or informal learning sessions that will take place during that week.

Help with day-to-day organisational tasks: preparing spaces, handling supplies, and simple administrative support.

Contribute to activism efforts: preparing awareness materials, supporting social visibility actions, and helping with outreach under staff guidance.

Participate actively in group learning: joining reflection sessions, discussions, and intercultural exchange moments during the daily work.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

ACE² Applied Connected Entrepreneurial & EUROPEAN UNIVERSITY Engaged



Funded by the European Union, Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European and Culture Executive Agency [EACEA]. Neither the European Union nor the granting authority can be held responsible for them. Project 101177596.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



You are not alone in your suffering

Volunteers provide non-medical social support to palliative care patients and their families in Kaunas through home visits, creative workshops, and emotional companionship.

This programme focuses on developing empathy and intercultural communication while assisting with logistics, music therapy, and community awareness initiatives.

Responsible:

Valda Gudynaitė-Franckevičienė,
Kristina Krasko
valda.gudynaite-franckeviciene@lik.tech



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors Volunteer Programme
Title of Volunteering Activity	You are not alone in your suffering
Country of Volunteering Activity	Lithuania
Hosting University for the mobility	Lietuvos inžinerijos kolegija (LIK) Tvirtovės al. 35, LT-50155 Kaunas
Person responsible for the Volunteer Programme at Hosting University	Valda Gudynaitė-Franckevičienė valda.gudynaitė-franckeviciene@lik.tech +37060089389
Organisation where the Volunteering Activity will take place	Public institution "Kaunas Hospice home" Smiltynės g. 7, Kaunas
Person responsible for the Volunteer at the Organisation	Kristina Krasko info@kaunohospisas.lt +37069440099
Start and end of Volunteering Activity (1)	Two dates are available: Start date: 11 of May; end date: 18 of May 2026 Start date: 16 of November; end date: 23 of May 2026
Maximum number of students	4
Required skills from volunteers (2)	Compassion, a desire to help vulnerable groups of people. Ability to respond and accept cultural differences and confidentiality. Basic English (B1), Ability to work in a team and adhere to agreements. Interest in healthcare, social work, psychology or community activities. (Medical knowledge is not required; volunteers do not perform any clinical procedures.)
Expected schedule and volunteer hours	Day 1 – Introduction, familiarization with the hospice philosophy, activities, team. Volunteer introductions. Days 2–6 – Volunteer activities (4 hours per day) Day 7 – Free day / cultural activities Day 8 – Summary, reflection, evaluation, awarding of certificates (Volunteering is coordinated with the hospice team schedule and patient visit rhythm.)
Goals:	To introduce students to the only hospice of its kind in Lithuania, providing services only in patients' homes, its values and the uniqueness of its work. To strengthen international understanding of empathy and assistance to those around them to provide social assistance to patients and their relatives through non-medical activities. To develop students' empathy, intercultural skills and teamwork abilities. To create a social impact on the Lietuvos inžinerijos kolegija (LIK), Kaunas city and district communities.

Beneficiaries

Hospice patients receiving palliative care at home, patients' families and relatives, public Institution Kaunas Hospice Home staff and volunteer team, students, lecturers, community of Lietuvos inžinerijos kolegija (LIK), community of Kaunas city and Kaunas district.

Expected competences that volunteers will develop

Intercultural communication Emotional maturity and empathy, Teamwork and project organisation, Community engagement, Understanding social innovation, Creative and communication competencies.

Description of tasks:

1. Visiting patients at home (non-medical activities) – volunteers are accompanied by a volunteer coordinator or mentor employee. They do not go to patients' homes on their own. International volunteers are also accompanied in their activities by students of LIK:
 - a) music culture therapy (music, creativity),
 - b) transportation of equipment,
 - c) cleaning of premises,
 - d) respite for relatives - communication with the patient or his relatives over a cup of coffee
2. Assistance to patient families:
 - a) preparation of leaflets and information initiatives for patients' relatives.
 - b) social Workshops – creation of a symbol of remembrance, making handicrafts, messages of support for relatives (Memory cards).
 - c) assistance at events.
3. intercultural experience:
 - a) presentation of one's own country's culture to the volunteer team.
 - b) mini-project "Hospice through the eyes of international students" – Drawing, photo collage.
 - c) joint creative workshops with hospice volunteers.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

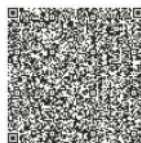
PROGRAMME



**STADT JUGENDRING
INGOLSTADT**

ACE_RISE

Volunteering Activity Guide



Holiday Programme: Hut Village

Volunteers help children construct a wooden hut village using pallets and nails, fostering teamwork and providing a safe outdoor holiday experience. This role involves supervising building activities, organising a farewell party, and developing practical skills in construction and child supervision.

Responsible:

Camila Heller, Juliane Eißler
Camila.Heller@thi.de



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	(Social Impactors/Culture Hub Volunteer Programme)
Title of Volunteering Activity	Holiday Programme: Hut Village
Country of Volunteering Activity	Germany
Hosting University for the mobility	Technische Hochschule Ingolstadt Esplanade 10, 85049 Ingolstadt
Person responsible for the Volunteer Programme at Hosting University	Camila Heller Camila.Heller@thi.de 0841 93486479
Organisation where the Volunteering Activity will take place	Stadtjugendring Ingolstadt Jahnstraße 25, 85049 Ingolstadt
Person responsible for the Volunteer at the Organisation	Name of person: Juliane Eißler Email: eisler@sjr-in.de Phone: +49 173 8982784
Start and end of Volunteering Activity (1)	26 May to 30 May 2026 (Tuesday to Saturday)
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - enjoy working with children - basic crafting or DIYskills - patience and creativity - teamwork andreliability - supervise children safely Responsibility, commitment, participation, and motivation.
Expected schedule and volunteer hours	08.30 -16.30
Goals <ul style="list-style-type: none"> - support children in building their own wooden huts - foster teamwork - provide a safe and fun outdoor holiday experience 	
Beneficiaries <p>Children participating in the holiday programme.</p>	
Expected competences that volunteers will develop <ul style="list-style-type: none"> - practical skills in child supervision - basic construction and outdooractivity organisation - communication and teamwork - conflictresolution skills 	

Description of tasks:

During this week-long programme, children build their own little hut village. Under guidance, they construct sturdy huts made from single-use pallets, wood and nails – complete with a roof, floor and at least four walls. From Friday evening to Saturday, the children stay overnight in the huts, and of course, a farewell party is celebrated as well. On Saturday morning, parents are invited to join for breakfast and the demolition party. The Hut Village takes place at the Youth Education Centre by the lake and is a cooperative project between the play bus team and the environmental education centre of the Ingolstadt Youth Council.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide

Change yourself to change the world

The Change Yourself to Change the World programme in Spain invites volunteers to support vulnerable groups, including individuals with intellectual disabilities, the homeless, and those at risk of social exclusion. Participants will engage in diverse tasks such as teaching English, food distribution, and awareness workshops, while developing empathy, teamwork, and global citizenship.

Responsible:

Ángela Barahona Esteban,
Lorena Lobato
angela.barahona@ufv.es



Volunteering Activity Guide

QR Access Code



UFV University
Societies and Clubs
Volunteers for Social Action



ALTIUS Foundation



CESAL
Official Website



Cottolengo del Padre Alegre



UFV University
Service for the Care of People
with Special Needs



UTIS University of the Terceira
Idade de Santarem



Volunteering Activity Description

ACE_RISE Volunteering Activity Description		
Type of Volunteer Programme	(Social Impactors/Culture Hub Volunteer Programme)	Social impactors volunteer programme
Title of Volunteering Activity		Change yourself to change the world
Country of Volunteering Activity		SPAIN
Hosting University for the mobility	Name of University	UFV: Universidad Francisco de Vitoria
	Address	Carr. de Pozuelo, 800, Km. 1, 28223 Majadahonda, Madrid
Person responsible for the Volunteer Programme at Hosting University	Name of person	Ángela Barahona Esteban
	Email	angela.barahona@ufv.es
	Phone	917091424 / 1381
Organisation where the Volunteering Activity will take place	Name of Organisation	UNIDIVERSIDAD (FUNDACIÓN ONCE) VAS FUNDACIÓN ALTIUS CESAL COTTOLENGO
	Address	Madrid
Person responsible for the Volunteer at the Organisation	Name of person	Lorena Lobato
	Email	unidiversidad@ufv.es
	Phone	676403938
Start and end of Volunteering Activity (1)	Start date; end date	June 1 Monday to June 8 Monday (It can be adapted to any period and week of the year)
Maximum number of students		27 (can vary and adapt)
Required skills from volunteers (2)		<p>Personal Skills: Empathy (The ability to put oneself in another's shoes and understand their emotions), Patience (Especially important in environments with vulnerable people or in difficult situations), Commitment (Being consistent and fulfilling assigned responsibilities), Adaptability (The ability to adjust to different environments, cultures, or unexpected situations).</p> <p>Communication Skills: Active Listening (Genuinely paying attention to what others say), Clear Communication (The ability to express oneself effectively, both verbally and in writing), Teamwork (Collaborating with other volunteers and coordinators).</p> <p>Intercultural Skills: Cultural Sensitivity (Respect and understanding for other cultures), Languages (Knowledge of other languages, especially English).</p>

Expected schedule and volunteer hours

SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
10:00 to 12:00	Prisoner day to the general public for health, intellectual activities and exercises. Carriage for Prigone registration. Prigone stock distribution.	UNIVERSIDAD English classes for people with intellectual disabilities.	UNIVERSIDAD English classes for people with intellectual disabilities.	UNIVERSIDAD English classes for people with intellectual disabilities.	UNIVERSIDAD English classes for people with intellectual disabilities.			
12:00 to 14:00	Meeting with Spanish people. Meeting with caregivers. Prigone stock distribution for people in the shelter. Prigone stock distribution.	VAS Food distribution to homeless people in the center of Madrid.	ALTVS Support for homeless people in the center of Madrid.	VAS Food distribution to homeless people in the center of Madrid.	ALTVS Support for homeless people in the center of Madrid.	10:00 to 12:00 GGTBANDO Car and bicycle for strength.	FREE DAY	Closing Day with assessment, completion and certificates. Prigone final survey.
16:00 to 18:00								

Goals

- Encourage contribution to the common good and society:** Promote social commitment and the active involvement of students in improving their environment.
- Contribute to the personal and professional development of volunteers:** Offer meaningful experiences that enhance skills, competencies, and values.
- Support vulnerable groups:** Provide support, resources, and activities that improve the quality of life of people at risk of exclusion.
- Strengthen the social and community fabric:** Create collaborative networks among volunteers, organisations, and beneficiaries that generate a positive and lasting impact.
- Raise awareness of social, environmental, and cultural issues:** Foster critical awareness and promote changes in attitude toward local and global challenges.
- Promote values-based education:** Promote solidarity, recognition of dignity, respect, justice, and cooperation as fundamental pillars.
- Complement the work of non-profit organizations:** Provide support with human resources and talent in areas where reinforcement or specialization is needed.
- Facilitating intercultural integration:** Promoting respect and coexistence among people of different backgrounds, cultures, and circumstances.
- Evaluating and continuously improving the impact of volunteering:** Establishing mechanisms for monitoring, evaluating, and continuously improving the programme.

Beneficiaries

People with intellectual disabilities, families at risk of social exclusion, homeless people, sick people and immigrants

Expected competences that volunteers will develop

- Personal skills:** Self-awareness: They discover their strengths, values, and areas for improvement. Empathy and social sensitivity: They learn to understand and respect realities different from their own. Responsibility and ethical commitment.
- Interpersonal skills:** Teamwork: They collaborate with diverse people, learn to coordinate and cooperate. Effective communication: They improve their ability to express themselves and listen actively.
- Cognitive skills:** Critical thinking: They analyze social problems from multiple perspectives. Creativity: They find innovative solutions to real-world challenges. Decision-making: They learn to act with sound judgment in complex contexts.
- Technical and professional skills:** Specific knowledge: Depending on the type of volunteering, they can acquire skills in education, health, technology, etc. Knowledge of the different areas of vulnerability.
- Intercultural and global skills:** Cultural sensitivity: They are enriched by interacting with people from different cultures. Languages: They practice and improve their language skills in real-world contexts. Global citizenship: They develop awareness of their role in the world and the impact of their actions.

Description of tasks:	<p>Accompaniment people with intellectual disabilities: English classes, facilitating workshops, games, and educational activities.</p> <p>Accompaniment homeless people and families at risk of social exclusion: Preparing materials, distributing food, clothing, and other resources.</p> <p>Accompaniment migrants: Awareness-raising activities, workshops, and group activities.</p> <p>Accompaniment sick people: Communicating with them, attending to their immediate needs, and conducting activities and group activities.</p>
Notes	<p>(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:</p> <p>Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organization where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).</p> <p>Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organization where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).</p> <p>Day 7 (Sunday) – Free day</p> <p>Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.</p> <p>This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.</p> <p>(2) This refers to any technical or transferable skills that the volunteer must have <i>a priori</i> to perform the defined tasks.</p>

PROGRAMME



ACE_RISE

Volunteering Activity Guide



“Colours, Rhythm and Smiles – A Chance for Every Child” (Summer School)

Volunteers support children with disabilities and from placement centres through sensory activities, adapted sports, and creative workshops. This role focuses on educational mentoring and emotional support to foster social inclusion and develop essential life skills.

Responsible:

Dobrota Gabriela, Sgondea Simona
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors Volunteer Programme
Title of Volunteering Activity	"Colors, Rhythm and Smiles – A Chance for Every Child" (Summer School)
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brâncuși of Târgu Jiu Adress: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: Centrul Școlar pentru Educație Incluzivă Târgu Jiu Adress: 34 Dumbrava Street, Targu Jiu, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: Sgondea Simona Email: simona_sgondea@yahoo.com Phone: 0762660875
Start and end of Volunteering Activity (1)	06/07/2025 – 13/07/2025
Maximum number of students	4
Required skills from volunteers (2)	Volunteers should have: <ul style="list-style-type: none"> • Strong empathy and patience • Motivation to support the education and emotional development of vulnerable children • Very good communication and active listening skills • Ability to work in a team and follow instructions from coordinators and educators • Basic knowledge in school subjects (Romanian, mathematics, foreign languages, etc.) or willingness to help with homework at the child's level • Openness to using creative and non-formal education methods (games, arts & crafts, storytelling, role-play, etc.)
Expected schedule and volunteer hours	Day 1: Welcome, orientation, induction at the hosting university and with the CSEI Târgu Jiu team. Days 2–6: Approx. 4–6 hours/day — the exact schedule (morning/afternoon) will be arranged together with the local coordinator. Below is a brief description of the planned thematic days: Day 2 – Inclusion, Connection & Sensory Activities Children participate in simple connection games (soft ball games, colorful parachute) and a sensory workshop using safe, explorative materials (kinetic sand, soft modeling clay, textures). Activities support emotional expression and help create a calm, safe environment. Ending reflection: a simple visual feedback moment ("What I liked today").

	<p>Day 3 – Creativity, Art & Craft Children create individual and group artwork using accessible materials (colored paper, collage, painting, large beads). Activities develop fine motor skills, imagination and emotional expression. The day ends with a small exhibition where each child presents their creation.</p> <p>Day 4 – Adapted Sports Activities Outdoor movement day with simple relays, scooter races, ball games and light obstacle courses adapted to each child’s abilities. Focus: cooperation, participation, joy, encouragement. Each child receives a symbolic diploma for involvement.</p> <p>Day 5 – Rhythm & Music Show Children explore rhythm through musical games, clapping, and improvised instruments. Together with volunteers, they prepare a short, accessible artistic moment combining movement, percussion and expression. The day ends with a mini-performance and applause.</p> <p>Day 6 – Life Skills & Programme Closing Children participate in cooperation games and activities that develop communication and autonomy (e.g., “Dream Folder”, simple emotional exercises). A symbolic closing ceremony follows, with diplomas and a shared moment where children express verbally or visually what they enjoyed most.</p> <p>Day 7: Free day.</p>
<p>Goals</p>	<ul style="list-style-type: none"> • Educational support – helping children and young people in placement centers better understand school subjects, reduce educational gaps, and stay motivated to learn. • Emotional and social support – offering attention, encouragement, and positive experiences that strengthen self-confidence and reduce the effects of trauma, abandonment, and institutionalization. • Development of life skills – through games, workshops, and discussions, supporting children in developing communication, cooperation, responsibility, and planning skills necessary for independent living. • Student development and civic engagement – providing ACE²-EU students with the opportunity to understand the Romanian child protection system and the role of NGOs, strengthening their civic responsibility and social awareness. • Strengthening partnerships – reinforcing collaboration between ACE²-EU and the team of the School Center for Inclusive Education Târgu Jiu, contributing to long-term social impact.
<p>Beneficiaries</p> <p>Direct beneficiaries</p> <ul style="list-style-type: none"> • Children and young people from placement centers and other child protection services in Gorj County, including children with disabilities and from disadvantaged backgrounds. <p>Indirect beneficiaries</p> <ul style="list-style-type: none"> • Staff and educators who receive support in educational activities and workshops • ACE²-EU students, who gain experience in social work, nonformal education and volunteering • The local community, through improved inclusion and support for vulnerable children 	

Expected competences that volunteers will develop

- Pedagogical and non-formal education competences – planning and facilitating interactive educational sessions and workshops with children.
- Communication and relationship-building skills – adapting communication to the age and needs of children; building supportive and trusting relationships.
- Intercultural and social competences – understanding the realities of vulnerable groups and how the child protection system functions.
- Emotional intelligence and resilience – managing one's own emotions when working with children who have experienced trauma.
- Teamwork and collaboration – cooperating with NGO staff, educators, and other volunteers.
- Planning and organizational skills – designing small-scale educational activities, planning sessions, managing time and resources.
- Civic responsibility and empathy – increased awareness of social inequalities and motivation to contribute to positive change.

Description of tasks

During the volunteering activity, volunteers will:

Training and Orientation

- Participate in an introduction to the mission, values, and safeguarding rules of the School Center for Inclusive Education Târgu Jiu.
- Learn about the specifics of working with children from placement centers and children with disabilities.
- Review together with the coordinators on the weekly plan of visits and activities.

Educational Support and Mentoring

- Participate alongside volunteers and the CSEI Târgu Jiu team in educational sessions with children (homework, reading, mathematics, foreign languages, etc.).
- Organize interactive sessions – games, quizzes, and practical exercises.
- Provide individual or small group support, encouragement, and motivation for schoolwork and exams.

Creative and Non-Formal Workshops

- Design and implement, together with the coordinators, creative workshops (arts & crafts, theatre, music, storytelling, scientific experiments, etc.).
- Organize life-skills workshops (communication, cooperation, self-esteem, emotional regulation).
- Encourage children to discover their passions and talents and to express themselves in a safe environment.

Support in Planning and Evaluation

- Prepare materials and resources (worksheets, games, posters).
- Participate in daily debriefing meetings with the team (what went well, what can be improved, feedback on children's progress).

- Contribute to short activity reports or reflection notes required by the organisation.

Awareness and Communication (optional, depending on needs)

- Support the local team in collecting stories, photos, or reflections (in full respect of child protection and GDPR rules) for communication purposes.
- Share, with the organisation's approval, brief reflections about the experience to help promote responsible volunteering.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Health, Prevention and Solidarity: Community Volunteering with Red Cross Gorj

Volunteers assist the Red Cross in providing health monitoring, first aid demonstrations, and hygiene education for elderly and vulnerable community members. This humanitarian role focuses on health prevention, material distribution, and emotional support to improve community well-being and social solidarity.

Responsible:

Dobrota Gabriela, Grigore Richter
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors Volunteer Programme
Title of Volunteering Activity	Health, Prevention and Solidarity: Community Volunteering with Red Cross Gorj
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brăncuși of Târgu Jiu Adress: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: National Society of Red Cross in Romania – Gorj Branch Adress: 9 Unirii Street, Flat v1, Targu Jiu, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: Grigore Richter Email: crgj@yahoo.com Phone: +40762866463
Start and end of Volunteering Activity (1)	06/07/2025 – 13/07/2025
Maximum number of students	4
Required skills from volunteers (2)	Volunteers are expected to have: <ul style="list-style-type: none"> • Strong empathy, responsibility, and respect when working with elderly and vulnerable persons • Interest in health promotion, prevention, and humanitarian work • Good communication and interpersonal skills • Ability to work in a team-based, supervised environment • Capacity to follow clear instructions and organizational protocols • Cultural sensitivity and ethical behaviour • Willingness to learn basic health-related and first aid concepts • Motivation for civic engagement and volunteering
Expected schedule and volunteer hours	Approximately 4–6 hours per day, depending on the planned activities. <ul style="list-style-type: none"> • Day 1 (Monday): Opening session, welcome of volunteers, introduction to the volunteering programme. • Days 2–6 (Tuesday–Saturday): The schedule will be established together with the coordinator of the Red Cross Gorj. • Day 7 (Sunday): Free day. • Day 8 (Monday): Evaluation, feedback survey, presentation of lessons learned, closing of the programme.
Goals The volunteering activity aims to: <ul style="list-style-type: none"> • Community health support – contributing to health monitoring and preventive activities for elderly and vulnerable community members, under professional supervision. • Health education and prevention – supporting hygiene education and first aid awareness in the community. 	

- Support for vulnerable groups – improving access to basic hygiene materials and health-related information.
- Student learning and civic engagement – offering ACE2EU students a practical understanding of humanitarian work and community health actions.
- Strengthening institutional partnerships – reinforcing collaboration between ACE2EU and Red Cross Gorj with long-term social impact.

Beneficiaries

Direct beneficiaries

- Elderly people living in care centres or vulnerable community settings
- Vulnerable individuals and families receiving hygiene support
- Participants in first aid and hygiene education activities
- Student volunteers gaining hands-on humanitarian experience

Indirect beneficiaries

- Local community members benefiting from improved health awareness
- Red Cross Gorj, through additional volunteer support
- The hosting university, through increased social engagement and visibility

Expected competences that volunteers will develop

Volunteers are expected to develop:

- Basic health and prevention awareness
- Non-formal education skills in hygiene and first aid awareness
- Communication and interpersonal competences, especially with elderly persons
- Teamwork and collaboration within a structured humanitarian organisation
- Emotional intelligence and empathy in vulnerable social contexts
- Organizational and logistical skills
- Civic responsibility and ethical awareness

Description of tasks

Throughout the volunteering programme, student volunteers will perform support and assistance roles only, always under the supervision of Red Cross Gorj staff.

Training and Orientation

- Introduction to the mission, values, and principles of the Red Cross.
- Training on volunteer roles, ethical conduct, safety rules, and limits of intervention.
- Basic orientation on community health, hygiene standards, and first aid concepts (educational level).

Community Health Support in Elderly Centres

- Participation in outreach visits to elderly care centres or community centres.
- Assisting authorized staff in measuring blood pressure and blood glucose levels, under supervision.
- Supporting beneficiaries in understanding the importance of regular health monitoring.
- Providing respectful presence, communication, and reassurance.

First Aid Courses and Demonstrations

- Supporting the organisation and delivery of first aid courses and demonstrations.
- Preparing training materials and spaces.
- Assisting instructors during simulations and demonstrations.
- Distributing educational materials related to emergency response.

Hygiene Education and Material Distribution

- Supporting hygiene education sessions for community members and vulnerable groups.
- Assisting in explaining good hygiene practices and disease prevention.
- Participating in the distribution of hygiene materials, provided by Red Cross Gorj.
- Promoting preventive behaviours in a respectful and accessible manner.

Logistical and Organizational Support

- Preparing materials for activities and outreach actions.
- Assisting Red Cross staff in organizing community activities and campaigns.
- Supporting participant coordination and flow during activities.

Reflection, Evaluation and Documentation

- Participating in reflection and evaluation meetings.
- Completing feedback forms and final surveys.
- Supporting internal documentation of activities, respecting GDPR and Red Cross communication policies.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organization and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Volunteering for Life: Community Support and Emergency Education with the Gorj County Ambulance Service

The Volunteering for Life programme engages medical students in supporting the Gorj County Ambulance Service through health education, community prevention, and logistical assistance. Participants develop civic competences and emotional resilience while assisting in first-aid demonstrations and elderly care under professional supervision.

Responsible:

Dobrota Gabriela, Tiberiu Tătaru
gdobrota70@gmail.com



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors Volunteer Programme
Title of Volunteering Activity	Volunteering for Life: Community Support and Emergency Education with the Gorj County Ambulance Service
Country of Volunteering Activity	Romania
Hosting University for the mobility	Name of University: University Constantin Brâncuși of Târgu Jiu Address: 4 Tineretului Street, Targu-Jiu, Gorj County, Romania
Person responsible for the Volunteer Programme at Hosting University	Name of person: Dobrota Gabriela Email: gdobrota70@gmail.com Phone: +4 (0721) 344 193
Organisation where the Volunteering Activity will take place	Name of Organisation: Gorj County Ambulance Service (SAJ Gorj) Address: 18 Progresului Street, Târgu Jiu, Gorj County, Romania
Person responsible for the Volunteer at the Organisation	Name of person: Tiberiu Tătaru Email: tatarutiberiu@gmail.com Phone: +40762272033
Start and end of Volunteering Activity (1)	06/07/2025 – 13/07/2025
Maximum number of students	4
Required skills from volunteers (2)	<p>Mandatory Eligibility Requirements:</p> <p>To participate in the volunteering programme, students must submit the following documents:</p> <ul style="list-style-type: none"> • Copy of Identity Card • Medical certificate issued by a family doctor or occupational health physician, confirming fitness for volunteering activities • Copy of a document proving enrolment in a medical or health-related study programme <p>Required Competences:</p> <ul style="list-style-type: none"> • Good physical and mental health; • Calmness, empathy, and emotional balance, with the ability to cope with difficult situations • Ability to cooperate and work effectively in a team • Emotional control – absence of phobias incompatible with the medical environment (blood, needles, human suffering), or willingness to be oriented towards non-medical activities • Responsibility and discipline, with respect for institutional rules and procedures
Expected schedule and volunteer hours	<p>Approximately 4–6 hours per day, depending on the planned activities:</p> <ul style="list-style-type: none"> • Day 1 (Monday): Opening session, welcome of volunteers, orientation and introduction to the volunteering activities; • Days 2–6 (Tuesday–Saturday): Schedule established together with the SAJ Gorj coordinator; • Day 7 (Sunday): Free day; • Day 8 (Monday): Evaluation, feedback, presentation of lessons learned, closing of the programme.

- Supporting public-interest activities carried out by SAJ Gorj, within the legal framework of volunteering.
- Responsible involvement of students in community support and emergency education activities.
- Developing civic spirit and social responsibility among ACE²-EU students.
- Increasing awareness of the importance of emergency services and discipline in critical situations.
- Strengthening collaboration between the academic environment and public health institutions.

Direct beneficiaries

- The local community, through support and educational activities;
- SAJ Gorj, through the involvement of volunteers in support activities;
- Student volunteers, through practical training and personal development.

Indirect beneficiaries

- Families and relatives of the beneficiaries;
- Partner institutions and the wider community;
- The university, through increased visibility and social engagement.

Competences That Volunteers Will Develop

Following participation in the volunteering programme carried out within the Gorj County Ambulance Service, student volunteers will acquire and strengthen the following competences:

- Civic and humanitarian competences – understanding the role of public emergency services and the importance of responsible involvement in supporting the community.
- Effective communication skills – clear, empathetic, and adaptive communication when interacting with people in distress, elderly individuals, or community members.
- Teamwork and interdisciplinary cooperation – collaboration with medical staff, dispatchers, paramedics, and other volunteers in a structured and disciplined environment.
- Emotional management and resilience – developing the ability to cope with emotional stress generated by exposure to emergency situations and human suffering, while maintaining calm and balance.
- Responsibility and compliance with rules – assuming discipline, respecting institutional protocols, confidentiality, and the limits of the volunteer role.
- Controlled initiative and practical thinking – the ability to respond appropriately to unforeseen situations, within the limits of the volunteer role and under supervision.
- Organizational and logistical support skills – supporting educational and community activities through planning, organization, and material management.
- Awareness of the importance of first aid and prevention – acquiring basic knowledge on appropriate behaviour in emergency situations and the role of prevention in public health.
- Empathy, tolerance, and professional ethics – developing an open, non-judgmental attitude focused on respecting human dignity and diversity.

Description of tasks

Volunteering activities will be carried out exclusively under the coordination and supervision of the staff of the Gorj County Ambulance Service, in strict compliance with current legislation, institutional protocols, and the limits of the volunteer role.

1. Orientation and Initial Training Activities

In the first stage, volunteers will participate in:

- Orientation and training sessions on the mission, structure, and functioning of the Gorj County Ambulance Service;
- Presentation of discipline rules, confidentiality requirements, and codes of conduct, as well as the responsibilities of volunteers;
- Information on personal safety, managing stressful situations, and the limits of volunteer involvement;
- Introduction to basic concepts of first aid and emergency response, strictly at an educational level.

2. Health Education and First Aid Activities (Educational Component)

Volunteers will support SAJ Gorj staff in:

- Organizing and delivering first aid courses and demonstrations for the general public;
- Preparing spaces, educational materials, and the logistical support required for training sessions;
- Assisting instructors during simulations and practical demonstrations (as participants, observers, or logistical support);
- Distributing informational materials regarding appropriate behaviour in emergency situations and correct use of emergency medical services.

3. Community Support and Prevention Activities

Volunteers may participate in:

- Information and prevention campaigns related to health, personal safety, and the reduction of medical risks;
- Awareness-raising activities focused on the importance of health monitoring and prevention;
- Interacting with community members during public actions organized by SAJ Gorj, under supervision.

4. Activities in Elderly Care Centres and Vulnerable Communities (Optional)

Under the coordination of authorized personnel, volunteers will:

- Accompany SAJ Gorj teams during visits to elderly care centres or other community-based facilities;
- Support activities related to blood pressure and blood glucose measurements, strictly under the supervision of medical staff;

- Assist in organizing the flow of beneficiaries and in maintaining clear and empathetic communication with elderly persons;
- Support informational activities regarding healthy lifestyles and the prevention of common age related complications.

5. Logistical and Organizational Support Activities

Volunteers will play an important role in supporting the logistical aspects of SAJ Gorj activities by:

- Preparing and organizing materials needed for courses, presentations, educational activities, and community visits;
- Assisting SAJ Gorj teams in organizing activity spaces (rooms, information points, activity areas);
- Providing assistance in managing participant flow and ensuring the orderly conduct of activities;
- Carrying out simple administrative tasks strictly related to volunteering activities (attendance lists, distribution of informational materials).

6. Hygiene Education and Prevention Activities (Educational Component)

Volunteers will support SAJ Gorj staff in carrying out hygiene and prevention education activities, adapted to the community context and holiday period, by:

- Participating in information sessions on personal hygiene, infection prevention, and maintaining a healthy lifestyle, organized in community centres, elderly care centres, or other locations designated by SAJ Gorj;
- Supporting staff in delivering educational messages using informational materials provided by the institution.

7. Reflection, Evaluation, and Learning Activities

At the end of the activities, volunteers will participate in:

- Reflection and evaluation sessions coordinated by SAJ Gorj representatives, during which experiences, challenges, and lessons learned will be discussed;
- Completing feedback questionnaires and volunteering programme evaluation documents;
- Presenting, in an organized setting, the knowledge gained and competences developed throughout the programme;
- Formulating constructive proposals for improving future volunteering activities.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organization where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

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ME

MiMw

Museum of the Second World War

ACE_RISE

Volunteering Activity Guide



Museum of the Second World War_Historical Bike Tour

Volunteers assist in organising and promoting a historical cycling rally from Gdańsk to the Stutthof Museum, including preparing and delivering educational talks in English. This physically active role develops event management and intercultural communication skills while engaging with museum visitors.

Responsible:

Izabela Kowalczyk-Dec,
ikowalczyk@gumed.edu.pl
Patrycja Maszka-Stankiewicz
patrycja.maszka-stankiewicz@gumed.edu.pl



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme for Medical University of Gdańsk (MUG)
Title of Volunteering Activity	Museum of the Second World War Historical Bike Tour
Country of Volunteering Activity	Poland
Hosting University for the mobility	Medical University of Gdańsk Address: Poland, Gdańsk 80-210, M. Skłodowskiej-Curie 3a
Persons responsible for the Volunteer Programme at Hosting University	Mrs. Izabela Kowalczyk - Dec & Mrs. Patrycja Maszka-Stankiewicz Email: ikowalczyk@gumed.edu.pl, patrycja.maszka-stankiewicz@gumed.edu.pl Phone: Izabela +48 605237751
Organisation where the Volunteering Activity will take place	Name of Organisation: Museum of the Second World War pl. W. Bartoszewskiego 1, 80-862 Gdańsk, Poland phone: +48 58 760 09 60, info@muzeum1939.pl
Person responsible for the Volunteer at the Organisation	Mrs. Ewa Wierzbowska, e-mail: e.wierzbowska@muzeum1939.pl, +48 58 323-75-37
Start and end of Volunteering Activity (1)	Arrival day 16.08. , start date 17.08. and end date 22.08. , departure day 24.08.
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - English language – level B2 - Strong communication skills - Ability to work in a team - Basic organizational and time-management abilities - Reliability and commitment to assigned tasks - Positive attitude and willingness to help - Physical skills allowing smooth participation in the bike tour
Expected schedule and volunteer hours	<p>Weekday regular hours – 8:30-15:30; Saturday 8–15, not exceeding 8 hours per day; including lunch break.</p> <p>The volunteer students will be financed for 8 nights.</p> <p>Day 1 (Sunday) – Arrival</p> <p>Day 2 (Monday) – Welcome and any group or tutorial activities at the hosting University</p> <p>Day 3 to day 6 (Tuesday to Friday) – Welcome at the Museum, introduction to the institution, visit at the Main Exhibition and available</p>

temporary exhibitions. Health and safety training. Volunteering tasks in the Programs and Cooperation Department responsible for the rally.

Day 7 (Saturday) – Volunteering during the Historical Bike Tour, presenting a short talk at one of the stops.

Day 8 (Sunday) – Free day

Day 9 (Monday) – Closing Day with assessment, celebration and certificates at the hosting University. Fill the final survey.

Goals: Support the successful implementation of project activities; Contribute to creating a positive, inclusive, and engaging environment; Assist the team in delivering high-quality services to the community; Develop personal skills, knowledge, and intercultural understanding; Promote teamwork, cooperation, and active participation among all members.

Beneficiaries: Organisations and partners collaborating on the project;

The wider community benefiting from increased engagement and positive impact.

Expected competences that volunteers will develop: Intercultural communication skills; Teamwork and collaboration abilities; Problem-solving and critical-thinking skills; Adaptability and openness to new environments; Language skills in an international context; Time-management and self-discipline.

Description of tasks: Assistance in organizing a historical bike rally from Gdansk to the Stutthof Museum in Sztutowo, preparing a short talk in English for one of the stops. Promoting the tour at the museum among English-speaking visitors, and in between, materials to prepare.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organization and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) – Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

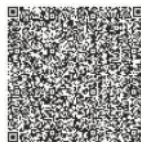
PROGRAMME



**STADT JUGENDRING
INGOLSTADT**

ACE_RISE

Volunteering Activity Guide



Holiday Programme: Stage UP! Musical Workshop

Volunteers support musical theatre instructors in teaching dance, acting, and singing to children, fostering their confidence and stage skills. This role involves assisting with workshop activities, organising games during breaks, and managing food distribution.

Responsible:

Camila Heller, Isabelle Hermann
Camila.Heller@thi.de



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Culture Hub Volunteer Programme
Title of Volunteering Activity	Holiday Programme: Stage UP! Musical Workshop
Country of Volunteering Activity	Germany
Hosting University for the mobility	Technische Hochschule Ingolstadt Esplanade 10, 85049 Ingolstadt
Person responsible for the Volunteer Programme at Hosting University	Camila Heller Camila.Heller@thi.de 0841 93486479
Organisation where the Volunteering Activity will take place	Stadtjugendring Ingolstadt Jahnstraße 25, 85049 Ingolstadt
Person responsible for the Volunteer at the Organisation	Name of person: Isabelle Hermann Email: hermann@sjr-in.de Phone: +49 841 93555-11
Start and end of Volunteering Activity (1)	31 August to 04 September 2026 (Monday to Friday)
Maximum number of students	1
Required skills from volunteers (2)	<ul style="list-style-type: none"> - interest in performing arts - enjoy working with children - ability to help with organizational tasks and food distribution - patience, creativity and enthusiasm - teamoriented attitude
Expected schedule and volunteer hours	8.00 -16.30
Goals <ul style="list-style-type: none"> - provide children with a creative and enriching musicaltheatre experience - support instructors in creating a safe and motivating environment - help children build confidence and stage skills 	
Beneficiaries Up to 36 children of the community	
Expected competences that volunteers will develop <ul style="list-style-type: none"> - insight into musical theatre education - experience in child supervision and group management - communication, teamwork and organizational skills 	

-confidence in supporting creative workshops

Description of tasks:

Learn to dance, practice acting, and train your singing – all at the Musical Workshop of the renowned musical school from Hamburg. A varied programme and stage-experienced instructors ensure exciting and inspiring days. No prior experience is required. For five days, you can be creative, rehearse and train intensively, dance, make music, and act. Anyone who loves the stage will find their holiday happiness here. The supervisors support the workshop leaders, help with food distribution, and organize games for the children during breaks. Up to 36 children take part in the workshop at Fronte 79.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

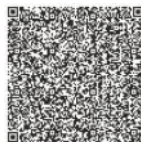
PROGRAMME



**STADT JUGENDRING
INGOLSTADT**

ACE_RISE

Volunteering Activity Guide



Holiday Programme: Expedition Nature – Dirty but Happy

Volunteers guide children through nature excursions, eco-rallies, and outdoor games to foster environmental awareness and curiosity. This role involves supervising group activities, supporting outdoor learning, and assisting with daily programme logistics in a forest and lakeside setting.

Responsible:

Camila Heller, Renate Schwäricke
Camila.Heller@thi.de



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors
Title of Volunteering Activity	Holiday Programme: Expedition Nature – Dirty but Happy
Country of Volunteering Activity	Germany
Hosting University for the mobility	Technische Hochschule Ingolstadt Esplanade 10, 85049 Ingolstadt
Person responsible for the Volunteer Programme at Hosting University	Camila Heller Camila.Heller@thi.de 0841 93486479
Organisation where the Volunteering Activity will take place	Stadtjugendring Ingolstadt Jahnstraße 25, 85049 Ingolstadt
Person responsible for the Volunteer at the Organisation	Name of person: Renate Schwärzicke Email: schwaericke@sjr-in.de Phone: +49 173 8982702
Start and end of Volunteering Activity (1)	10 August to 14 August 2026 (Monday to Friday)
Maximum number of students	2
Required skills from volunteers (2)	<ul style="list-style-type: none"> - enjoy working with children - interest in nature, environmental topics and outdoor education - ability to guide outdoors games and activities - basic firstaid knowledge - reliability and enthusiasm for hands on nature experiences
Expected schedule and volunteer hours	8.00 -16.30
<p>Goals</p> <ul style="list-style-type: none"> - encourage children to explore local ecosystems - promote environmental awareness and curiosity - provide a fun, active and educational holiday experience 	
<p>Beneficiaries</p> <p>Up to 30 children attending the programme</p>	
<p>Expected competences that volunteers will develop</p> <ul style="list-style-type: none"> - experience in environmental education - leadership and groupmanagement skills - knowledge about local nature and ecological topics - ability to motivate and engage children in outdoor learning 	

Description of tasks:

What flies, swims, or crawls over there? During various excursions, the children explore the natural surroundings of the Youth Education Centre, the lake, and the nearby forest. Making campfires and roasting bread on sticks, taking part in an exciting eco-rally, and discovering many new outdoor games – the kids experience an adventurous week in nature. Supervisors support the programme, play with the children, and help with meals. The holiday programme is offered by the environmental education centre and includes up to 30 children.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organization and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



You are not alone in your suffering

Volunteers provide non-medical social support to palliative care patients and their families in Kaunas through home visits, creative workshops, and emotional companionship.

This programme focuses on developing empathy and intercultural communication while assisting with logistics, music therapy and community awareness initiatives.

Responsible:

Valda Gudynaitė-Franckevičienė,
Kristina Krasko
valda.gudynaite-franckeviciene@lik.tech



Volunteering Activity Description

ACE_RISE Volunteering Activity Description	
Type of Volunteer Programme	Social Impactors Volunteer Programme
Title of Volunteering Activity	You are not alone in your suffering
Country of Volunteering Activity	Lithuania
Hosting University for the mobility	Lietuvos inžinerijos kolegija (LIK) Tvirtovės al. 35, LT-50155 Kaunas
Person responsible for the Volunteer Programme at Hosting University	Valda Gudynaitė-Franckevičienė valda.gudynaitė-franckeviciene@lik.tech +37060089389
Organisation where the Volunteering Activity will take place	Public institution "Kaunas Hospice home" Smiltynės g. 7, Kaunas
Person responsible for the Volunteer at the Organisation	Kristina Krasko info@kaunohospisas.lt +37069440099
Start and end of Volunteering Activity (1)	Two dates are available: Start date: 11 of May; end date: 18 of May 2026 Start date: 16 of November; end date: 23 of May 2026
Maximum number of students	4
Required skills from volunteers (2)	Compassion, a desire to help vulnerable groups of people. Ability to respond and accept cultural differences and confidentiality. Basic English (B1), Ability to work in a team and adhere to agreements. Interest in healthcare, social work, psychology or community activities. (Medical knowledge is not required; volunteers do not perform any clinical procedures.)
Expected schedule and volunteer hours	Day 1 – Introduction, familiarization with the hospice philosophy, activities, team. Volunteer introductions. Days 2–6 – Volunteer activities (4 hours per day) Day 7 – Free day / cultural activities Day 8 – Summary, reflection, evaluation, awarding of certificates (Volunteering is coordinated with the hospice team schedule and patient visit rhythm.)
Goals:	To introduce students to the only hospice of its kind in Lithuania, providing services only in patients' homes, its values and the uniqueness of its work. To strengthen international understanding of empathy and assistance to those around them to provide social assistance to patients and their relatives through non-medical activities. To develop students' empathy, intercultural skills and teamwork abilities. To create a social impact on the Lietuvos inžinerijos kolegija (LIK), Kaunas city and district communities.

Beneficiaries

Hospice patients receiving palliative care at home, patients' families and relatives, public Institution Kaunas Hospice Home staff and volunteer team, students, lecturers, community of Lietuvos inžinerijos kolegija (LIK), community of Kaunas city and Kaunas district.

Expected competences that volunteers will develop

Intercultural communication Emotional maturity and empathy, Teamwork and project organisation, Community engagement, Understanding social innovation, Creative and communication competencies.

Description of tasks:

1. Visiting patients at home (non-medical activities) – volunteers are accompanied by a volunteer coordinator or mentor employee. They do not go to patients' homes on their own. International volunteers are also accompanied in their activities by students of LIK:
 - a) music culture therapy (music, creativity),
 - b) transportation of equipment,
 - c) cleaning of premises,
 - d) respite for relatives - communication with the patient or his relatives over a cup of coffee
2. Assistance to patient families:
 - a) preparation of leaflets and information initiatives for patients' relatives.
 - b) social Workshops – creation of a symbol of remembrance, making handicrafts, messages of support for relatives (Memory cards).
 - c) assistance at events.
3. intercultural experience:
 - a) presentation of one's own country's culture to the volunteer team.
 - b) mini-project "Hospice through the eyes of international students" – Drawing, photo collage.
 - c) joint creative workshops with hospice volunteers.

Notes

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organisation where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organisation and should not exceed what is defined in legislation).

Day 7 (Sunday) – Free day

Day 8 (Monday) - Closing Day with assessment, celebration and certificates. Fill the final survey.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

PROGRAMME



ACE_RISE

Volunteering Activity Guide



Providing support and assistance for social care activities at the District Nursing Home "Bezirksaltenwohnheim Tigring"

Volunteers support nursing home staff in Austria through social care activities, meaningful interaction, and daily assistance that enhances the well-being of elderly residents.

Responsible:

Dr. Carolina Müller (CUAS)
c.mueller@fh-kaernten.at



Agreement Volunteering Activity

Volunteering Activity Description/Beschreibung der Freiwilligenaktivität	
Type of Volunteer Programme/ Art des Freiwilligenprogramms	Social Hub Volunteer Programme
Title of Volunteering Activity/ Titel der Freiwilligenaktivität	Providing support and assistance for social care activities at the District Nursing Home "Bezirksaltenwohnheim Tigring"
Country of Volunteering Activity/ Land der Freiwilligenaktivität	Austria
Hosting University for the mobility/ Gastgebende Universität der Aktivität	Carinthia University of Applied Sciences/ FH Kärnten, Europastr. 4, 9524 Villach, Austria
Person responsible for the Volunteer Programme at Hosting University/ Verantwortliche Person für das Freiwilligenprogramm an der gastgebenden Universität	Dr. Carolina Müller T: +43 (0)5 / 90500-3418 M: c.mueller@fh-kaernten.at
Organisation where the Volunteering Activity will take place/ Organisation, in der die Freiwilligenaktivität stattfinden wird	Bezirksaltenwohnheim Tigring Schlossstraße 10 9062 Moosburg Austria
Name of responsible person in the organisation/ Verantwortliche Person für die Freiwilligen in der Organisation	Gabriele Buggelsheim, BA M.Ed. T: +43 (0) 4272 835 11 14 M: pdl@shv-klagenfurt.at
Start and end of Volunteering Activity (1)/ Beginn und Ende der Freiwilligenaktivität (1)	An individual arrangement is possible. However, it is recommended to schedule the activity during periods such as Easter or Christmas, as these times offer additional opportunities to gain insight into Carinthian culture.
Deadline for applications/ Frist für Bewerbungen	The activity is possible all year round.
Maximum number of students/ Maximale Anzahl der Freiwilligen	2 students

<p>Required skills from volunteers (2)/ <i>Erforderliche Fähigkeiten der Freiwilligen (2)</i></p>	<ul style="list-style-type: none"> • Basic social and communication skills • Ability to interact respectfully with elderly persons • Reliability and a strong sense of responsibility • Empathy and willingness to support individuals in daily activities • Ability to work effectively as part of a team • Discretion and understanding of confidentiality
<p>Expected schedule and volunteer hours/ <i>Vorläufiger Zeitplan (Tage/Uhrzeit) und Anzahl der Arbeitsstunden</i></p>	<p>Support and accompany the social care team during scheduled activity programs from Monday to Friday, 08:00–15:00.</p> <p>The weekly plan includes activities such as yoga, crafts, baking, dementia support, activation exercises, aromatherapy, as well as various seasonal and annual events.</p>
<p>Goals/ Ziele</p>	<ul style="list-style-type: none"> • To gain insight into the tasks and workflows of social care services. • To learn and practice supportive activities in the daily accompaniment of older adults. • To strengthen social and communication skills when interacting with older persons, including individuals with dementia. • To experience teamwork within an interdisciplinary care setting. • To become familiar with and participate in cultural and seasonal activities offered within the annual activity program. • To acquire basic knowledge of activation methods, aromatherapy, and other activity-based interventions. • To develop autonomy and a sense of responsibility within clearly defined tasks.
<p>Beneficiaries/ <i>Begünstigte</i></p>	<p>elderly persons at nursing homes</p>
<p>Expected competences that volunteers will develop/ <i>Erwartete Kompetenzen, die die Freiwilligen entwickeln werden</i></p>	<ul style="list-style-type: none"> • Basic social and communication skills • Empathy and respectful interaction with older adults • Reliability and responsibility • Teamwork skills • Discretion and understanding of confidentiality • Willingness to learn and follow instructions • Basic physical ability for light supportive tasks • Patience and emotional stability • Intercultural sensitivity • Motivation to work in social care settings
<p>Description of tasks/ <i>Beschreibung der Aufgaben:</i></p>	<p>Supporting the social care team in implementing the activity program, including accompanying group and individual activities (e.g., crafts, activation exercises, aromatherapy, baking, yoga). Assisting with the preparation and organization of activities and seasonal events. Providing support in the daily accompaniment of older adults through conversation, orientation, and small practical tasks. Ensuring compliance with data protection, hygiene, and safety regulations.</p>

Notes/ Hinweise

(1) The volunteer students will be financed for 8 nights. The suggested structure for the Volunteering Activity is: / Die freiwilligen Studierenden werden für 8 Nächte finanziert. Die empfohlene Struktur für die Freiwilligenaktivität ist:

Day 1 (Monday) – welcome and any group or tutorial activities, either in the hosting University, or the organization where the volunteer activities will take place, or both (for example morning in the university and afternoon in the organisation of placement).

Tag 1 (Montag) – Begrüßung und Gruppen- oder Tutoriumsaktivitäten, entweder an der gastgebenden Universität oder in der Organisation, in der die Freiwilligenaktivitäten stattfinden, oder beides (z. B. morgens an der Universität und nachmittags in der Organisation).

Day 2 to day 6 (Tuesday – to Saturday) – Volunteering tasks as defined by the organisation where the students are placed (the working hours are defined by the organization and should not exceed what is defined in legislation).

Tag 2 bis Tag 6 (Dienstag bis Samstag) – Freiwilligenaufgaben, wie von der Organisation definiert, in der die Studierenden eingesetzt sind (die Arbeitszeiten werden von der Organisation festgelegt und dürfen die gesetzlich definierten Grenzen nicht überschreiten).

Day 7 (Sunday) – Free day

Tag 7 (Sonntag) – Freier Tag

Day 8 (Monday) - Closing day with assessment, celebration and certificates. Fill the final survey.

Tag 8 (Montag) – Abschlusstag mit Bewertung, Feier und Zertifikaten. Ausfüllen der Abschlussumfrage.

This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

Diese Struktur kann an die Bedürfnisse der Organisation angepasst werden, in der die Freiwilligenaktivität stattfindet.

(2) This refers to any technical or transferable skills that the volunteer must have *a priori* to perform the defined tasks.

(2) Dies bezieht sich auf technische oder übertragbare Fähigkeiten, die die Freiwilligen bereits besitzen müssen, um die definierten Aufgaben auszuführen.



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PROGRAMME



ACE_RISE

Volunteering Activity Guide



Providing support and assistance for social care activities at the District Nursing Home “Bezirksaltenwohnheim Ferlach/Rosental”

Volunteers support the social care team in a nursing home in Austria by assisting with daily activities for elderly residents. The focus is on companionship, communication and well-being through participation in activity programmes.

Responsible:

Dr. Carolina Müller (CUAS)
c.mueller@fh-kaernten.at



Agreement Volunteering Activity

Volunteering Activity Description/Beschreibung der Freiwilligenaktivität	
Type of Volunteer Programme/ Art des Freiwilligenprogramms	Social Hub Volunteer Programme
Title of Volunteering Activity/ Titel der Freiwilligenaktivität	Providing support and assistance for social care activities at the District Nursing Home "Bezirksaltenwohnheim Ferlach/Rosental"
Country of Volunteering Activity/ Land der Freiwilligenaktivität	Austria
Hosting University for the mobility/ Gastgebende Universität der Aktivität	Carinthia University of Applied Sciences/ FH Kärnten, Europastr. 4, 9524 Villach, Austria
Person responsible for the Volunteer Programme at Hosting University/ Verantwortliche Person für das Freiwilligenprogramm an der gastgebenden Universität	Dr. Carolina Müller T: +43 (0)5 / 90500-3418 M: c.mueller@fh-kaernten.at
Organisation where the Volunteering Activity will take place/ Organisation, in der die Freiwilligenaktivität stattfinden wird	Bezirksaltenwohnheim Ferlach/Rosental Franz-Pehr Gasse 14 9170 Ferlach Austria
Name of responsible person in the organisation/ Verantwortliche Person für die Freiwilligen in der Organisation	Gabriele Buggelsheim, BA M.Ed. T: +43 (0) 4227 4067 81 M: pdl@shv-klagenfurt.at
Start and end of Volunteering Activity (1)/ Beginn und Ende der Freiwilligenaktivität (1)	An individual arrangement is possible. However, it is recommended to schedule the activity during periods such as Easter or Christmas, as these times offer additional opportunities to gain insight into Carinthian culture.
Deadline for applications/ Frist für Bewerbungen	The activity is possible all year round.
Maximum number of students/ Maximale Anzahl der Freiwilligen	2 students

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<p>Expected schedule and volunteer hours/ <i>Vorläufiger Zeitplan (Tage/Uhrzeit) und Anzahl der Arbeitsstunden</i></p>	<p>Support and accompany the social care team during scheduled activity programs from Monday to Friday, 08:00–15:00.</p> <p>The weekly plan includes activities such as yoga, crafts, baking, dementia support, activation exercises, aromatherapy, as well as various seasonal and annual events.</p>
<p>Goals/ <i>Ziele</i></p>	<ul style="list-style-type: none"> • To gain insight into the tasks and workflows of social care services. • To learn and practice supportive activities in the daily accompaniment of older adults. • To strengthen social and communication skills when interacting with older persons, including individuals with dementia. • To experience teamwork within an interdisciplinary care setting. • To become familiar with and participate in cultural and seasonal activities offered within the annual activity program. • To acquire basic knowledge of activation methods, aromatherapy, and other activity-based interventions. • To develop autonomy and a sense of responsibility within clearly defined tasks.
<p>Beneficiaries/ <i>Begünstigte</i></p>	<p>elderly persons at nursing homes</p>
<p>Expected competences that volunteers will develop/ <i>Erwartete Kompetenzen, die die Freiwilligen entwickeln werden</i></p>	<ul style="list-style-type: none"> • Basic social and communication skills • Empathy and respectful interaction with older adults • Reliability and responsibility • Teamwork skills • Discretion and understanding of confidentiality • Willingness to learn and follow instructions • Basic physical ability for light supportive tasks • Patience and emotional stability • Intercultural sensitivity • Motivation to work in social care settings
<p>Description of tasks/ <i>Beschreibung der Aufgaben:</i></p>	<p>Supporting the social care team in implementing the activity programme, including accompanying group and individual activities (e.g., crafts, activation exercises, aromatherapy, baking, yoga). Assisting with the preparation and organisation of activities and seasonal events. Providing support in the daily accompaniment of older adults through conversation, orientation, and small practical tasks. Ensuring compliance with data protection, hygiene, and safety regulations.</p>

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This structure may be adapted according to the needs of the organisation where the volunteering activity occurs.

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(2) Dies bezieht sich auf technische oder übertragbare Fähigkeiten, die die Freiwilligen bereits besitzen müssen, um die definierten Aufgaben auszuführen.

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